

## OFSSA - 2010 West Regionals - 28/05/2010 to 29/05/2010

## Track and Field

## University of Windsor Stadium

## Meet Program

**Event 1 Women 100 Meter Midget****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Saturday 29/05/2010 - 9:30 AM****West Region: 12.12 2002 Emily JOHNSON/J. F. Ross****Lane Name School Seed Time****Heat 1 of 2 Prelims**

1	312 Tegan Sauer	Forest Heigh	12.69
2	1026 Madison Herman	St. Joseph's W	13.59
3	766 Niki Paiva	Resurrection	12.78
4	145 Samantha Brosseau	Catholic Cen	13.12
5	36 Madison Dalley	Belle River	13.24
6	506 Shauna McPhail	Lambton Cent	13.50
7	1006 Courtney Willock	St. James HS	13.26
8	1045 Tanisha Johnson	St. Mary's High	13.06

**Heat 2 of 2 Prelims**

1	138 Valentina Perez	Catholic Central	13.03
2	1219 Tina Pantic	Herman, W.F.	13.69
3	1032 Jallandra Warden	St. Joseph's W	12.92
4	429 Sara Eyndhoven	Ingersoll DC	13.16
5	143 Kasia Suski	Catholic Central	13.42
6	734 Madeline Dailey	Pauline John	13.24
7	869 Dimitra Lerikos	Saunders SS	13.28
8	134 Amy O'Donnell	Catholic Central	12.64

**Event 2 Men 100 Meter Midget****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Saturday 29/05/2010 - 9:30 AM****West Region: 11.18 2006 Corey CRAWLEY****Lane Name School Seed Time****Heat 1 of 2 Prelims**

1	1002 Aaron Stemmler	St David	11.96
2	542 Stefan Poirier	London Central	11.97
3	530 Greg Cherniak	London Central	11.88
4	617 Breyden Miller	North Park C	11.68
5	320 Adam Gray	Galt Cvi-Cam	11.82
6	113 Matteo Del Brocco	Cardinal Car	12.25
7	935 Jacob McGhee	St. Anne SS -	12.11
8	260 Mitchell Taveirne	Essex D H S-Es	12.05

**Heat 2 of 2 Prelims**

1	743 Riccardo Carranza	Regina Mundi	12.03
2	885 Jacob	Banting, Sir	11.94
3	1125 Ricardo Rabanes	Villanova	11.78
4	1007 Andrew Zamin	St. James HS	11.77
5	659 Blake Percy	Northern C I V	12.22
6	385 Michael Van Damme	Holy Cross	12.00
7	716 Nick Parisotto	Lourdes	12.13
8	945 Brendan Woodfull	St. Anne SS -	11.91

**Event 3 Women 200 Meter Midget****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Saturday 29/05/2010 - 11:00 AM****West Region: 24.70 2002 Emily JOHNSON/J. F. Ross****Lane Name School Seed Time****Heat 1 of 2 Prelims**

1	416 Megan Parsons	Huron Heights S	27.45
2	506 Shauna McPhail	Lambton Cent	27.62
3	1219 Tina Pantic	Herman, W.F.	27.64
4	166 Sarah Muma	Central Elgin	27.66
5	257 Taylor Ross	Essex D H S-Es	26.92
6	145 Samantha Brosseau	Catholic Cen	26.59
7	170 Kelsey King	Central Huron	28.24
8	742 Rheanna Butler	Preston H S-C	28.08

**Heat 2 of 2 Prelims**

1	1093 Katherine	St. Thomas Aq	28.66
2	43 Justine Mailloux	Belle River	28.02
3	134 Amy O'Donnell	Catholic Central	27.01
4	772 Bailey Sprout	Resurrection	26.42
5	36 Madison Dalley	Belle River	26.99
6	913 Mikesha Bobb	Laurier, Sir	27.63
7	180 Kelsi Darmon	Centre Welli	27.63
8	1247 Ellen Diemert	West Hill	27.67

**Event 4 Men 200 Meter Midget****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Saturday 29/05/2010 - 11:00 AM****West Region: 22.69 1993 Andrew BECKFORD /****Lane Name School Seed Time****Heat 1 of 2 Prelims**

1	874 Jordan Simpson	Saunders SS	25.38
2	775 Josh Warren	Resurrection	25.06
3	935 Jacob McGhee	St. Anne SS -	24.39
4	530 Greg Cherniak	London Central	24.28
5	229 Sab Huber	Elmira Dhs	24.98
6	711 Shayne Finoro	Lourdes	24.77
7	255 Justin Orton	Essex D H S-Es	24.66
8	945 Brendan Woodfull	St. Anne SS -	23.81

**Heat 2 of 2 Prelims**

1	403 Anthony Ubah	Holy Names H	23.81
2	215 Craig Maltby	East Elgin SS	25.07
3	197 Adam Labute	Chatham-Kent	24.97
4	677 Nick Zottl	Northern C I V	24.64
5	743 Riccardo Carranza	Regina Mundi	24.55
6	1243 Chase Konecny	West Elgin	24.97
7	613 Jon Advincula	North Park C	25.13
8	617 Breyden Miller	North Park C	23.92

**OFSSA - 2010 West Regionals - 28/05/2010 to 29/05/2010****Track and Field****University of Windsor Stadium****Meet Program****Event 5 Women 400 Meter Midget****Friday 28/05/2010 - 5:19 PM****West Region: 57.3h 1982      Donalda DUPREY / Pt.****Lane Name      School      Seed Time****Section 1 of 2 Finals**

1	450 Anique Daley	McGregor, Jo	1:04.48
2	899 Brianne Hofstede	Sir John A Macc	1:03.16
3	557 Maddie DeDecker	Dorchester	1:02.96
4	591 Sabrina Fitzgerald	Mother Teresa	1:02.43
5	61 Emma Bluemke	Bluevale	1:02.64
6	1093 Katherine	St. Thomas Aq	1:03.14
7	801 Courtney Fleming	Sandwich	1:04.41
8	20 Katherine Vaidya	Assumption C	1:04.69

**Section 2 of 2 Finals**

1	1043 Monica Januszek	St. Mary's High	1:02.04
2	1247 Ellen Diemert	West Hill	1:01.67
3	983 Michelle Reddy	St Christoph	1:00.86
4	442 Alison Fraser	John F. Ross	59.91
5	263 Sierra Wolfe	Essex D H S-Es	1:00.20
6	134 Amy O'Donnell	Catholic Central	1:01.19
7	886 Meredith Leitch	Banting, Sir	1:02.00
8	257 Taylor Ross	Essex D H S-Es	1:02.16

**Event 6 Men 400 Meter Midget****Friday 28/05/2010 - 5:19 PM****West Region: 50.91 1994      Jeff ELLIS / Orangeville****Lane Name      School      Seed Time****Section 1 of 2 Finals**

1	874 Jordan Simpson	Saunders SS	55.93
2	670 Reid Wilcox	Northern C I V	56.58
3	1243 Chase Konecny	West Elgin	55.47
4	646 Jordan Huzevka	Northern C I V	55.53
5	1075 Damien Shepard	St. Patrick'	55.60
6	445 Liam Stiles	John F. Ross	55.69
7	58 Matt Quirk	Bishop MacDo	56.29
8	1062 Mac MacSorley	St. Michael	56.83

**Section 2 of 2 Finals**

1	967 Michael Fraser	St Christoph	55.41
2	114 John Arboleda	Catholic Central	55.42
3	891 Liam Wilson	Banting, Sir	54.92
4	177 Connor Musselman	Centre Dufferin	55.06
5	109 Jordan Sherwood	Cameron Heig	54.33
6	820 Khalil Parris	Sandwich	53.83
7	105 Jalen Noronha	Cameron Heig	55.09
8	197 Adam Labute	Chatham-Kent	55.14

**Event 7 Women 800 Meter Midget****Saturday 29/05/2010 - 3:00 PM****West Region: 2:12.68 2002      Alyson****Lane Name      School      Seed Time****Section 1 of 1 Finals**

1A	1050 Jaimie Phelan	St. Mary's High	2:17.79
1B	22 Cozette Collin	Assumption	2:21.02
1C	472 Jennifer Rowe	Kitchener Wa	2:23.13
1D	983 Michelle Reddy	St Christoph	2:24.17
1E	263 Sierra Wolfe	Essex D H S-Es	2:25.30
1F	1247 Ellen Diemert	West Hill	2:26.01
2A	402 Carlie Trombley	Holy Names H	2:28.34
2B	980 Nicki Parkes	St Christoph	2:28.59
2C	20 Katherine Vaidya	Assumption C	2:28.66
2D	887 Cassidy Mayer	Banting, Sir	2:29.24
2E	559 Morgan Hendriks	Dorchester	2:29.59
2F	423 Madalyn Ruby	Huron Park SS	2:29.86
2G	591 Sabrina Fitzgerald	Mother Teresa	2:29.92
2H	425 Marissa Ukos	Huron Park SS	2:30.20
2I	18 Nadia Pizzolitto	Assumption C	2:32.73
2J	319 Olivia Gains	Galt Cvi-Cam	2:33.31

**Event 8 Men 800 Meter Midget****Saturday 29/05/2010 - 3:00 PM****West Region: 1:55.74 1989      Kevin Sullivan/Brantford-North****Lane Name      School      Seed Time****Section 1 of 1 Finals**

1A	891 Liam Wilson	Banting, Sir	2:04.96
1B	1004 Paul Kealey	St. James HS	2:05.86
1C	814 Michael Lozinski	Sandwich	2:05.98
1D	177 Connor Musselman	Centre Dufferin	2:07.36
1E	957 Nathan Cumber	St. Benedict	2:07.91
1F	445 Liam Stiles	John F. Ross	2:08.13
2A	825 Ryan Sinclair	Sandwich	2:09.45
2B	583 Ryan Foott	Montcalm SS	2:10.31
2C	646 Jordan Huzevka	Northern C I V	2:10.77
2D	1049 Chris Oblitas	St. Mary's High	2:11.68
2E	1066 Cameron Oliver	St. Michael	2:12.41
2F	888 Devin Pfeister	Banting, Sir	2:12.90
2G	1190 Blake Rupert	Massey, Vinc	2:13.06
2H	1189 Alexander	Massey, Vinc	2:13.10
2I	572 Henry Off	Medway HS	2:13.20
2J	960 Evan Abma	St Christoph	2:13.22

**OFSSA - 2010 West Regionals - 28/05/2010 to 29/05/2010****Track and Field****University of Windsor Stadium****Meet Program****Event 9 Women 1500 Meter Midget****Friday 28/05/2010 - 5:05 PM****West Region: 4:33.99 1997****Erin MCLURE / Waterloo CI**

Lane	Name	School	Seed Time
<b>Section 1 of 1 Finals</b>			
1	22 Cozette Collin	Assumption	5:00.55
2	372 Beatrice Shilton	Beal, H.B. S	5:09.63
3	674 Michelle Wong	Northern C I V	5:16.90
4	1105 Hilary Stafford	St. Thomas Aq	4:57.29
5	1266 Robin Kellam	Amherst, Gen	5:26.72
6	558 Mariel Flutters	Dorchester	5:07.90
7	1050 Jaimie Phelan	St. Mary's High	4:39.66
8	980 Nicki Parkes	St Christoph	5:10.96
9	970 Nathalie Harris	St Christoph	5:20.05
10	472 Jennifer Rowe	Kitchener Wa	5:03.73
11	44 Jazmin Martin	Belle River	5:10.91
12	1249 Kelly Long	West Hill	5:26.92
13	402 Carlie Trombley	Holy Names H	5:21.02
14	1259 Jordyn Visscher	Woodland Chr	5:13.23
15	887 Cassidy Mayer	Banting, Sir	5:07.75
16	423 Madalyn Ruby	Huron Park SS	5:14.54
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**Event 10 Men 1500 Meter Midget****Friday 28/05/2010 - 5:05 PM****West Region: 4:00.0h 1986****Andrew DUTZ /**

Lane	Name	School	Seed Time
<b>Section 1 of 1 Finals</b>			
1	1131 Cael Wishart	Stratford Centr	4:26.31
2	223 Matt Bannon	Elmira Dhs	4:23.89
3	960 Evan Abma	St Christoph	4:32.81
4	12 Garrick Loewen	Assumption C	4:35.98
5	867 Sameem Javeed	Saunders SS	4:24.22
6	825 Ryan Sinclair	Sandwich	4:33.73
7	583 Ryan Foott	Montcalm SS	4:30.16
8	466 Ryan Sleiman	Kingsville D	4:14.67
9	1039 Ben Flanagan	St. Mary's High	4:22.72
10	814 Michael Lozinski	Sandwich	4:25.06
11	1149 Derek Hick	Strathroy DC	4:25.55
12	405 Stefan Peters	Holy Trinity C F	4:27.17
13	1004 Paul Kealey	St. James HS	4:24.44
14	1244 Jacob McDonald	West Elgin	4:31.67
15	326 Brandon Allen	Amherst, Gen	4:22.33
16	700 Patrick Sullivan	Orangeville	4:24.05
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**Event 11 Women 3000 Meter Midget****Saturday 29/05/2010 - 4:15 PM****West Region: 9:48.0h 1986****Jennifer ARMSTRONG /**

Lane	Name	School	Seed Time
<b>Section 1 of 1 Finals</b>			
1A	1259 Jordyn Visscher	Woodland Chr	11:19.05
1B	44 Jazmin Martin	Belle River	11:33.36
1C	1064 Sami McGuinness	St. Michael	11:55.91
1D	1240 Anna Burns	Wellington Hts	12:30.24
2A	1105 Hilary Stafford	St. Thomas Aq	10:47.55
2B	372 Beatrice Shilton	Beal, H.B. S	11:21.07
2C	300 Celeah Gagnon	Brennan, F.J	11:44.40
2D	339 Breanne Lyons	Glenview Par	12:16.44
3A	22 Cozette Collin	Assumption	11:12.12
3B	980 Nicki Parkes	St Christoph	11:28.82
3C	674 Michelle Wong	Northern C I V	11:46.94
3D	906 Mika Otsuka	Sir John A Macd	12:26.07
4A	558 Mariel Flutters	Dorchester	11:19.73
4B	970 Nathalie Harris	St Christoph	11:44.12
4C	331 Cara Shaw	Amherst, Gen	12:05.05
4D			
2E			
3E			
1E			
4E			
2F			
3F			
1F			
4F			

**OFSSA - 2010 West Regionals - 28/05/2010 to 29/05/2010****Track and Field****University of Windsor Stadium****Meet Program****Event 12 Men 3000 Meter Midget****Saturday 29/05/2010 - 4:15 PM****West Region: 8:47.3h 1979****Chris BREWSTER /**

Lane	Name	School	Seed Time
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**Section 1 of 1 Finals**

1A	326 Brandon Allen	Amherst, Gen	9:38.38
1B	158 Peter Quosai	Centennial C	9:47.59
1C	1244 Jacob McDonald	West Elgin	9:53.28
1D	1166 Nathan Verburg	Ur The Pines	10:25.02
2A	466 Ryan Sleiman	Kingsville D	8:57.61
2B	223 Matt Bannon	Elmira Dhs	9:41.24
2C	313 Nick Schroeder	Forest Heigh	9:49.64
2D	12 Garrick Loewen	Assumption C	10:01.60
3A	1039 Ben Flanagan	St. Mary's High	9:34.69
3B	1149 Derek Hick	Strathroy DC	9:45.59
3C	1131 Cael Wishart	Stratford Centr	9:52.79
3D	960 Evan Abma	St Christoph	10:12.18
4A	867 Sameem Javeed	Saunders SS	9:40.41
4B	533 Tristan Fleming	London Central	9:48.52
4C	405 Stefan Peters	Holy Trinity C F	10:00.68
4D	33 Adam Charlton	Belle River	10:37.01
2E			
3E			
1E			
4E			
2F			
3F			
1F			
4F			

**Event 13 Women 80 Meter Hurdles Midget****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 28/05/2010 - 4:10 PM****West Region: 11.52 1996****Jessica ZELINKA /**

Lane	Name	School	Seed Time
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**Heat 1 of 2 Prelims**

1	949 Shelby Janmaat	St. Anne's	13.14
2	913 Mikesha Bobb	Laurier, Sir	12.78
3	407 Jenna West	Holy Trinity C F	13.48
4	634 Chantal Caraher	Northern C I V	12.84
5	690 Nicole Setterington	Oakridge SS	12.07
6	1121 Jessica Paglia	Villanova	14.09
7	588 Megan Baker	Mother Teresa	13.24
8	40 Olivia King	Belle River	13.59

**Heat 2 of 2 Prelims**

1	439 Emily Bowerman	John F. Ross	13.13
2	666 Holly Thomas	Northern C I V	13.40
3	516 Emelia Unsworth	Lambton Cent	13.63
4	416 Megan Parsons	Huron Heights S	12.70
5	587 Ali Baker	Mother Teresa	12.85
6	1230 Ericka Chuli	Waterford	13.62
7	145 Samantha Brosseau	Catholic Cen	12.49
8	353 Tori Givlin	Grand River	13.37

**Event 14 Men 100 Meter Hurdles Midget****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 28/05/2010 - 4:10 PM****West Region: 13.12 1998****Paul WHITTY /**

Lane	Name	School	Seed Time
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**Heat 1 of 2 Prelims**

1	1165 Garrett Turner	Ur The Pines	15.55
2	653 Michigan Mitchell	Northern C I V	14.97
3	491 Mike Giorgi	Lambton Cent	15.42
4	1116 Phil Janikowski	Villanova	15.48
5	861 Ben Craik	Saunders SS	14.37
6	716 Nick Parisotto	Lourdes	14.81
7	1002 Aaron Stemmler	St David	13.96
8	918 Will Potter	South Huron	15.06

**Heat 2 of 2 Prelims**

1	69 Austin Kreller	Bluevale	14.91
2	900 Dennis Hong	Sir John A Macd	14.86
3	109 Jordan Sherwood	Cameron Heig	13.97
4	124 Cameron Geddes	Catholic Central	15.18
5	1087 Mike Frizzell	St. Thomas Aq	15.55
6	1185 Kevin Lin	Massey, Vinc	15.11
7	272 Luke Dailleboust	Madill, F.E.	14.19
8	1029 Jude Manu	St. Joseph's W	15.50

**Event 15 Women 300 Meter Hurdles Midget****Saturday 29/05/2010 - 1:30 PM****West Region: 43.80 1997****Jessica ZELINKA /**

Lane	Name	School	Seed Time
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**Section 1 of 2 Finals**

1	353 Tori Givlin	Grand River	51.71
2	975 Taryn Lee	St Christoph	51.89
3	685 Kayla Hopkins	Oakridge SS	50.99
4	1112 Rachael Durocher	Villanova	50.56
5	666 Holly Thomas	Northern C I V	50.81
6	927 Amber Bechard	St. Anne SS -	51.04
7	419 Michelle Thompson	Huron Heights S	51.69
8	736 Kim Kunkel	Pauline John	51.94

**Section 2 of 2 Finals**

1	1230 Ericka Chuli	Waterford	50.49
2	416 Megan Parsons	Huron Heights S	50.20
3	450 Anique Daley	McGregor, Jo	49.28
4	855 Sydney Barber	Saunders SS	49.27
5	794 Natalia Augustyn	Sandwich	48.07
6	913 Mikesha Bobb	Laurier, Sir	47.57
7	559 Morgan Hendriks	Dorchester	49.41
8	594 Sara Grzywnowicz	Mother Teresa	49.59

**OFSAA - 2010 West Regionals - 28/05/2010 to 29/05/2010****Track and Field****University of Windsor Stadium****Meet Program****Event 16 Men 300 Meter Hurdles Midget****Saturday 29/05/2010 - 1:30 PM****West Region: 40.41 28/05/2005 Jeremy Gibbons****Lane Name School Seed Time****Section 1 of 2 Finals**

1	273 Garrett Davidson	Madill, F.E.	46.15
2	177 Connor Musselman	Centre Dufferin	46.13
3	124 Cameron Geddes	Catholic Central	45.44
4	646 Jordan Huzevka	Northern C I V	44.89
5	1047 Sam Martinello	St. Mary's High	45.86
6	1073 Joel Mahon	St. Patrick'	45.05
7	169 Blake Evans	Central Huron	45.45
8	354 Brian MiCall	Grand River	46.44

**Section 2 of 2 Finals**

1	918 Will Potter	South Huron	43.92
2	1185 Kevin Lin	Massey, Vinc	44.48
3	109 Jordan Sherwood	Cameron Heig	42.35
4	1116 Phil Janikowski	Villanova	43.35
5	1002 Aaron Stemmler	St David	43.57
6	820 Khalil Parris	Sandwich	42.20
7	861 Ben Craik	Saunders SS	44.39
8	653 Michigan Mitchell	Northern C I V	43.85

**Event 17 Women High Jump Midget****Saturday 29/05/2010 - 10:00 AM****Starting height 1.35m****West Region: 1.73m 1984 Leanne MADILL /****Pos Name School Seed Mark****Flight 1 of 1 Finals**

1	1 Carolyn Adams	Lucas, A.B.	1.53m
2	1253 Vanessa Wahl	Westminster	1.53m
3	1118 Elise LeBlanc	Villanova	1.42m
4	404 Celina DeCarolis	Holy Trinity C F	1.55m
5	225 Tessa Charnuski	Elmira Dhs	1.45m
6	178 Melissa Stapleton	Centre Dufferin	1.50m
7	192 Emily Dodman	Chatham-Kent	1.48m
8	892 Jess Authier	Sir John A Macd	1.55m
9	587 Ali Baker	Mother Teresa	1.59m
10	639 Christine Fleischer	Northern C I V	1.48m
11	315 Ashlyn Beckman	Galt Cvi-Cam	1.50m
12	516 Emelia Unsworth	Lambton Cent	1.45m
13	562 Meghan Wright	Dorchester	1.56m
14	1028 Kyla MacDougall	St. Joseph's W	1.37m
15	799 Erika Corey	Sandwich	1.37m
16	279 Leah Hutchison	Madill, F.E.	1.56m

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**Event 18 Men High Jump Midget****Saturday 29/05/2010 - 11:30 AM****Starting height 1.55 m****West Region: 1.90m 02/06/2007 Branden Wilhelm****Pos Name School Seed Mark****Flight 1 of 1 Finals**

1	974 Doug Kee	St Christoph	1.61m
2	545 Alek Ruzic	London Central	1.68m
3	1073 Joel Mahon	St. Patrick'	1.64m
4	904 Jermaine MacDougal	Sir John A Macd	1.65m
5	894 Braden Cok	Sir John A Macd	1.75m
6	1169 Rick Knelsen	Valley Heigh	1.70m
7	1195 Trevor Way	Massey, Vinc	1.76m
8	549 Shaun Brus	London Christian	1.65m
9	369 Terry Pham	Guelph Cvi-G	1.65m
10	363 Mike Wood	Grey Highlands	1.60m
11	592 Scott Goad	Mother Teresa	1.60m
12	1143 Tom deVroomen	Strathroy DC	1.68m
13	1138 Derek Wagler	Stratford NW SS	1.68m
14	464 Steve Neumann	Kingsville D	1.70m
15	643 Connor Heslop	Northern C I V	1.67m
16	802 Quinn Fleming	Sandwich	1.61m

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**OFSAA - 2010 West Regionals - 28/05/2010 to 29/05/2010****Track and Field****University of Windsor Stadium****Meet Program****Event 20 Men Pole Vault Midget****Friday 28/05/2010 - 4:00 PM**

Starting height 2.00 m

West Region: 3.80m 1997

Frank KLUNDERT / Cardinal

Pos	Name	School	Seed Mark
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**Flight 1 of 1 Finals**

1	456 Corey Abbruzzese	Kingsville D	2.65m
2	85 Lyndon Rey	Brantford CI	2.20m
3	342 Aaron Bos	Goderich Dci	2.45m
4	877 Connor Young	Saunders SS	2.60m
5	824 Michael Rossyan	Sandwich	2.05m
6	689 Ashton Marlow	Oakridge SS	2.75m
7	460 Mke Cooper	Kingsville D	2.55m
8	894 Braden Cok	Sir John A Macd	2.60m
9	763 Trevon Mendez	Resurrection	2.40m
10	210 Ty Hamilton	Delhi Dss-De	2.90m
11	905 Brian Mundt	Sir John A Macd	2.60m
12	678 Brian Choja	Oakridge SS	3.32m
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**Event 21 Women Long Jump Midget****Friday 28/05/2010 - 4:00 PM**

West Region: 5.78m 1996

Jessica ZELINKA /

Pos	Name	School	Seed Mark
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**Flight 1 of 1 Finals**

1	949 Shelby Janmaat	St. Anne's	4.67m
2	480 Mialynn Lee-Daigle	L'Essor	4.69m
3	794 Natalia Augustyn	Sandwich	4.74m
4	847 Nicole	Saugeen D S S	4.44m
5	757 Emma Higgins	Resurrection	4.72m
6	404 Celina DeCarolis	Holy Trinity C H	4.87m
7	1170 Sarah Sandor	Valley Heigh	4.41m
8	191 Kennedy Carr	Chatham-Kent	4.62m
9	690 Nicole Settingington	Oakridge SS	5.33m
10	1077 Nicole Surdyka	St. Patrick'	4.35m
11	588 Megan Baker	Mother Teresa	4.80m
12	399 Searra Spadafora	Holy Names H	4.56m
13	1099 Mackenzie Puklicz	St. Thomas Aq	4.71m
14	981 Danielle Quinn	St Christoph	4.62m
15	1019 Megan Payler	St. Joseph's	4.70m
16	920 Nicki Cruickshank	Southwood S S	4.52m
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**OFSSA - 2010 West Regionals - 28/05/2010 to 29/05/2010****Track and Field****University of Windsor Stadium****Meet Program****Event 22 Men Long Jump Midget****Friday 28/05/2010 - 5:30 PM****West Region: 6.67m 1979****Ken BERRY / London-Laurier**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	292 Tyrell Smith	Madill, F.E.	5.82m
2	272 Luke Dailleboust	Madill, F.E.	5.72m
3	105 Jalen Noronha	Cameron Heig	5.71m
4	1116 Phil Janikowski	Villanova	5.76m
5	69 Austin Kreller	Bluevale	5.65m
6	753 Kyle Patrick Dennis	Resurrection	5.70m
7	259 Jacob Taveirne	Essex D H S-Es	5.47m
8	1179 Destin Gardner	Massey, Vinc	5.58m
9	549 Shaun Brus	London Christia	5.70m
10	945 Brendan Woodfull	St. Anne SS -	5.43m
11	1143 Tom deVroomen	Strathroy DC	5.34m
12	1041 Riley Flanagan	St. Mary's High	5.31m
13	592 Scott Goad	Mother Teresa	5.59m
14	1007 Andrew Zamin	St. James HS	5.85m
15	260 Mitchell Taveirne	Essex D H S-Es	5.63m
16	46 Nick McMaster	Belle River	5.24m
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**Event 23 Women Triple Jump Midget****Saturday 29/05/2010 - 1:15 PM****West Region: 11.22m 02/06/2007 Katie Flemington**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	690 Nicole Settington	Oakridge SS	10.79m
2	920 Nicki Cruickshank	Southwood S S	10.11m
3	847 Nicole	Saugeen D S S	10.11m
4	399 Searra Spadafora	Holy Names H	10.39m
5	757 Emma Higgins	Resurrection	10.13m
6	989 Ashley Bisson	St. Clair S S	9.65m
7	407 Jenna West	Holy Trinity C H	10.55m
8	279 Leah Hutchison	Madill, F.E.	10.75m
9	276 Kelsie Eadie	Madill, F.E.	10.20m
10	191 Kennedy Carr	Chatham-Kent	9.77m
11	794 Natalia Augustyn	Sandwich	10.53m
12	1019 Megan Payler	St. Joseph's	10.15m
13	480 Mialynn Lee-Daigle	L'Essor	10.33m
14	739 Mackenzie Pulham	Pauline John	10.12m
15	928 Meighen Boyd	St. Anne SS -	9.65m
16	1126 Paige Henry	Stratford Centr	10.04m
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**OFSSA - 2010 West Regionals - 28/05/2010 to 29/05/2010****Track and Field****University of Windsor Stadium****Meet Program****Event 24 Men Triple Jump Midget****Saturday 29/05/2010 - 2:45 PM****West Region: 13.78m 1994 Kriss PETERSON /**

Pos	Name	School	Seed	Mark
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**Flight 1 of 1 Finals**

1	272 Luke Dailleboust	Madill, F.E.		12.13m
2	894 Braden Cok	Sir John A Macc		12.99m
3	1041 Riley Flanagan	St. Mary's High		11.53m
4	292 Tyrell Smith	Madill, F.E.		12.15m
5	802 Quinn Fleming	Sandwich		11.11m
6	1152 Kevin Maurer	Strathroy DC		12.07m
7	348 Andrew Bye	Grand River		11.36m
8	46 Nick McMaster	Belle River		11.32m
9	481 Nicholas Montigny	L'Essor		11.01m
10	259 Jacob Taveirne	Essex D H S-Es		11.76m
11	260 Mitchell Taveirne	Essex D H S-Es		12.53m
12	1007 Andrew Zamin	St. James HS		11.95m
13	549 Shaun Brus	London Christia		11.76m
14	69 Austin Kreller	Bluevale		12.54m
15	649 Devon Laird	Northern C I V		11.47m
16	592 Scott Goad	Mother Teresa		12.07m
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**Event 25 Women Shot Put Midget****Friday 28/05/2010 - 5:30 PM****West Region: 12.06m 1979 Liz POLYAK / Brantford-North**

Pos	Name	School	Seed	Mark
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**Flight 1 of 1 Finals**

1	216 Karli Milmine	East Elgin SS		9.18m
2	842 Kelly Gribbons	Saugeen D S S		9.09m
3	61 Emma Bluemke	Bluevale		8.66m
4	965 Stacie Dobson	St Christoph		9.14m
5	483 McKenzie Kearns	Lajeunesse E		8.64m
6	4 Natalie Waren	Lucas, A.B.		9.03m
7	49 Brianna Quenneville	Belle River		9.39m
8	581 Brittany Wilson	Mgsr. E.A. Doyl		9.18m
9	534 Kathleen Francis	London Central		10.10m
10	1136 Brett Jutzi	Stratford NW SS		9.20m
11	637 Mackenzie Colbran	Northern C I V		8.92m
12	1241 Tamara Officer	Wellington Hts		8.67m
13	334 Rebecca Wynn	Amherst, Gen		9.27m
14	88 Rachel McLay	Bpds		8.47m
15	569 Nicole Horneman	Medway HS		11.14m
16	1208 Joslyn Gauthier	Herman, W.F.		8.62m
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**OFSSA - 2010 West Regionals - 28/05/2010 to 29/05/2010****Track and Field****University of Windsor Stadium****Meet Program****Event 26 Men Shot Put Midget****Friday 28/05/2010 - 4:00 PM****West Region: 18.23m 1982 Dave CROMBEEN / Sarnia-St.**

Pos	Name	School	Seed	Mark
<b>Flight 1 of 1 Finals</b>				
1	35 Mike Collins	Belle River		13.20m
2	262 Mat VanDijk	Essex D H S-Es		12.96m
3	52 Josh Shepley	Belle River		13.49m
4	880 Chris Cambridge	Banting, Sir		13.71m
5	62 James Burns	Bluevale		13.29m
6	1159 Josh Vandeven	Strathroy DC		13.77m
7	1227 Lucas Palmer	Walkerville		12.63m
8	1226 Liam Palmer	Walkerville		12.45m
9	932 Jakoby Jones	St. Anne SS -		12.14m
10	1062 Mac MacSorley	St. Michael		13.28m
11	878 Brady Crandall	Simcoe Cs-Si		12.36m
12	1242 Alex Kirshner	West Elgin		12.94m
13	612 Matt Lencz	North Middlesex		13.06m
14	703 Austin Baggio	Lourdes		12.31m
15	237 Tyler Winchester	Erin Dhs-Eri		12.51m
16	408 Dyllon Wintemute	Holy Trinity C F		13.12m
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**Event 27 Women Discus Throw Midget****Saturday 29/05/2010 - 2:45 PM****West Region: 40.46m 1979 Liz POLYAK / Brantford-North**

Pos	Name	School	Seed	Mark
<b>Flight 1 of 1 Finals</b>				
1	212 Mercedes VanSloun	Delhi Dss-De		24.54m
2	842 Kelly Gribbons	Saugeen D S S		26.63m
3	852 Tanja Velickovic	Saugeen D S S		21.25m
4	11 Quinn Conlon	Assumption C		27.87m
5	184 Jessica Wilson	Centre Welli		24.29m
6	965 Stacie Dobson	St Christoph		25.74m
7	534 Kathleen Francis	London Central		26.30m
8	569 Nicole Horneman	Medway HS		23.59m
9	479 Maggie Forshaw	L'Essor		26.40m
10	334 Rebecca Wynn	Amherst, Gen		26.81m
11	39 Michelle Hunter	Belle River		27.53m
12	614 Brianna Atto	North Park C		21.51m
13	424 Stephanie Shepard	Huron Park SS		25.08m
14	1023 Schuyler Young	St. Joseph's		26.15m
15	889 Delaney Vanderburg	Banting, Sir		23.18m
16	832 Alex Coyle	Sarnia C I T S		26.74m
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**OFSAA - 2010 West Regionals - 28/05/2010 to 29/05/2010****Track and Field****University of Windsor Stadium****Meet Program****Event 28 Men Discus Throw Midget****Saturday 29/05/2010 - 1:15 PM****West Region: 55.14m 2002****Joe POCOCK/Windsor**

Pos	Name	School	Seed	Mark
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**Flight 1 of 1 Finals**

1	207 Hudson Bruin	Delhi Dss-De		33.83m
2	570 Mitch McConnel	Medway HS		36.52m
3	62 James Burns	Bluevale		37.66m
4	342 Aaron Bos	Goderich Dci		36.58m
5	677 Nick Zottl	Northern C I V		40.64m
6	335 Colin Robertson	Georgian Bay		32.69m
7	301 Kellen LeClair	Brennan, FJ		35.65m
8	430 Mitchell Fitzmorris	Ingersoll DC		38.12m
9	917 Luke Alexander	South Huron		32.49m
10	52 Josh Shepley	Belle River		38.61m
11	237 Tyler Winchester	Erin Dhs-Eri		42.94m
12	409 Noah Benko	Kennedy, Hon		33.03m
13	1159 Josh Vandeven	Strathroy DC		43.50m
14	451 JJ Innes	McGregor, Jo		34.14m
15	55 Montana Strong	Belle River		34.94m
16	923 Zachary Sauer	Southwood S S		36.81m

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**Event 29 Women Javelin Throw Midget****Saturday 29/05/2010 - 11:30 AM****West Region: 39.25m 2009****Brooke ROWLAND**

Pos	Name	School	Seed	Mark
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**Flight 1 of 1 Finals**

1	569 Nicole Horneman	Medway HS		30.83m
2	53 Victoria Smith	Belle River		34.47m
3	719 Paige Coyne	Pain Court E S		28.08m
4	842 Kelly Gribbons	Saugeen D S S		27.44m
5	601 Laura Vermeire	Mother Teresa		30.03m
6	433 Jaime Moon	Ingersoll DC		28.29m
7	971 Jordan Henry	St Christoph		34.06m
8	513 Mackenzie Sleaford	Lambton Cent		28.00m
9	661 Abby Roberts	Northern C I V		29.26m
10	1112 Rachael Durocher	Villanova		29.14m
11	231 Melanie	Elmira Dhs		26.61m
12	581 Brittany Wilson	Mgsr. E.A. Doyl		25.39m
13	4 Natalie Waren	Lucas, A.B.		29.30m
14	226 Julia Frey	Elmira Dhs		22.94m
15	424 Stephanie Shepard	Huron Park SS		30.73m
16	580 Courtney Van Allen	Mgsr. E.A. Doyl		25.22m

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**OFSAA - 2010 West Regionals - 28/05/2010 to 29/05/2010****Track and Field****University of Windsor Stadium****Meet Program****Event 30 Men Javelin Throw Midget****Saturday 29/05/2010 - 10:00 AM****West Region: 61.70m 1982 Dave CROMBEEN / Sarnia-St.**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	708 Caleb Crewson	Lourdes	37.04m
2	318 Matt Coates	Galt Cvi-Cam	35.28m
3	422 Will Chesney	Huron Park SS	45.16m
4	711 Shayne Finoro	Lourdes	37.81m
5	301 Kellen LeClair	Brennan, F.J	41.27m
6	455 Andrew Tovey	Kincardine	35.08m
7	1180 Jacob Hennin	Massey, Vinc	40.03m
8	687 Cole Jordan	Oakridge SS	48.04m
9	341 Evan Redka	Glenview Par	37.60m
10	1245 Zach Read	West Elgin	40.68m
11	996 Adam Waller	St. Clair S S	35.41m
12	52 Josh Shepley	Belle River	52.59m
13	35 Mike Collins	Belle River	40.43m
14	1060 Mike Duddy	St. Michael	39.84m
15	749 D'Sean Thelwell	Regina Mundi	42.17m
16	1192 Ryan Smith	Massey, Vinc	39.97m
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**Event 31 Women 4x100 Meter Relay Midget****Friday 28/05/2010 - 7:20 PM****West Region: 50.00 1996 LONDON - BANTING**

Lane Team	Relay	Seed Time
<b>Section 1 of 2 Finals</b>		
1	Dorchester	A 54.00
2	Pauline John	A 54.87
3	St. Thomas Aq	A 53.61
4	Sandwich	A 53.61
5	Southwood S S	A 53.88
6	Assumption	A 53.90
7	Essex D H S-Es	A 54.04
8	Lambton Cent	A 54.48
<b>Section 2 of 2 Finals</b>		
1	Madill, F.E.	A 52.52
2	Northern C I V	A 53.29
3	St. Joseph's W	A 51.54
4	St. Mary's High	A 51.59
5	Resurrection	A 50.64
6	Catholic Central	A 51.73
7	Oakridge SS	A 52.65
8	Villanova	A 53.12

**Event 32 Men 4x100 Meter Relay Midget****Friday 28/05/2010 - 7:20 PM****West Region: 45.37 2002 LASALLE-VILLANOVA**

Lane Team	Relay	Seed Time
<b>Section 1 of 2 Finals</b>		
1	Sir John A Macdo	A 48.95
2	Massey, Vinc	A 48.91
3	St. Mary's High	A 48.49
4	St Christoph	A 48.32
5	London Central	A 48.42
6	Saunders SS	A 48.78
7	Medway HS	A 49.63
8	St. Thomas Aq	A 49.52
<b>Section 2 of 2 Finals</b>		
1	Holy Names H	A 48.05
2	Cameron Heig	A 48.22
3	Resurrection	A 47.88
4	Northern C I V	A 47.80
5	Madill, F.E.	A 47.57
6	Villanova	A 47.30
7	Sandwich	A 48.08
8	Lourdes	A 48.21

**Event 33 Women 100 Meter Junior****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Saturday 29/05/2010 - 9:30 AM****West Region: 11.89 1995 Margaret FOX / Guelph-Bishop**

Lane Name	School	Seed Time
<b>Heat 1 of 2 Prelims</b>		
1	1072 Janessa Laureano	St. Patrick' 13.30
2	81 Kayla Cooke	Brantford CI 13.33
3	349 Jenny Carrique	Grand River 12.71
4	1081 Sara Costa	St. Thomas Aq 12.67
5	82 Danielle Holder	Brantford CI 13.48
6	605 Bailey Hutt	North Lambto 12.99
7	406 Hannah Reardon	Holy Trinity C H 12.91
8	1163 Carley Horvath	Ur The Pines 13.52
<b>Heat 2 of 2 Prelims</b>		
1	939 Emily Omahen	St. Anne SS - 12.86
2	1022 Laura VanBommel	St. Joseph's 12.90
3	375 Elisa Wright	Harrow D H S 13.68
4	770 Emma Sandroek	Resurrection 13.39
5	198 Anisha MacLean	Chatham-Kent 13.45
6	336 Taylor Campbell	Glendale HS 13.14
7	952 Kelsey Smith	St. Anne's 13.29
8	914 McKenzie Johnson	Laurier, Sir 12.40

**OFSAA - 2010 West Regionals - 28/05/2010 to 29/05/2010****Track and Field****University of Windsor Stadium****Meet Program****Event 34 Men 100 Meter Junior****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Saturday 29/05/2010 - 9:30 AM****West Region: 10.60 2002 Rhoads STERLING/Galt****Lane Name School Seed Time****Heat 1 of 2 Prelims**

1	728 Devon Lucan	Parkside CI	11.71
2	1005 Jermaine	St. James HS	11.24
3	631 Drelan Bramwell	Northern C I V	11.40
4	1267 Eric Frappier	Pain Court E S	11.99
5	133 Bashir Neema	Catholic Central	11.63
6	391 Jacob Francis-Taylor	Holy Names H	11.79
7	730 Alex Morgan	Parkside CI	11.55
8	93 Chris Green	Cameron Heig	11.41

**Heat 2 of 2 Prelims**

1	819 Mitchell Nelson	Sandwich	11.84
2	356 Dustin Nguyen-Black	Grand River	11.50
3	621 Morgan Walls	North Park C	11.27
4	324 Emerson Petri	Galt Cvi-Cam	11.54
5	834 Ben Kelly	Sarnia C I T S	11.93
6	1090 Connor Hogg	St. Thomas Aq	11.67
7	745 Justin Kobarda	Regina Mundi	11.33
8	1206 Jaydon Gauthier	Herman, W.F.	11.64

**Event 35 Women 200 Meter Junior****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Saturday 29/05/2010 - 11:00 AM****West Region: 24.13 1995 Margaret FOX / Guelph-Bishop****Lane Name School Seed Time****Heat 1 of 2 Prelims**

1	1072 Janessa Laureano	St. Patrick'	27.04
2	1081 Sara Costa	St. Thomas Aq	26.84
3	951 Nadine Otten	St. Anne's	27.51
4	914 McKenzie Johnson	Laurier, Sir	26.02
5	349 Jenny Carrique	Grand River	27.50
6	198 Anisha MacLean	Chatham-Kent	27.87
7	540 Christine MacNeill	London Central	26.33
8	476 Michelle Chauvin	L'Essor	27.88

**Heat 2 of 2 Prelims**

1	717 Hannah Pearsall	Lourdes	26.47
2	367 Marissa Kurtimah	Guelph Cvi-G	26.70
3	406 Hannah Reardon	Holy Trinity C F	27.41
4	939 Emily Omahen	St. Anne SS -	25.96
5	67 Samantha Ireland	Bluevale	27.79
6	131 Alyssa Medeiros	Catholic Central	27.78
7	511 Jillian Rops	Lambton Cent	27.40
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**Event 36 Men 200 Meter Junior****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Saturday 29/05/2010 - 11:00 AM****West Region: 21.67 1993 Chris ROBINSON /****Lane Name School Seed Time****Heat 1 of 2 Prelims**

1	38 Brandon Gow	Belle River	24.52
2	819 Mitchell Nelson	Sandwich	24.13
3	669 Broderick Webster	Northern C I V	23.80
4	310 Nienkel Paljola	Forest Heigh	22.70
5	1233 Keegan Calder	Waterloo	22.97
6	1201 Cody Brown	Herman, W.F.	23.74
7	391 Jacob Francis-Taylor	Holy Names H	24.06
8	745 Justin Kobarda	Regina Mundi	23.40

**Heat 2 of 2 Prelims**

1	171 Dylan Lambert	Central Huron	23.96
2	356 Dustin Nguyen-Black	Grand River	23.73
3	560 Devyn McGlocklin	Dorchester	23.97
4	1096 Caleb Papineau	St. Thomas Aq	24.39
5	631 Drelan Bramwell	Northern C I V	22.94
6	621 Morgan Walls	North Park C	23.53
7	1005 Jermaine	St. James HS	22.91
8	568 Nathan Hartwig	Medway HS	24.25

**Event 37 Women 400 Meter Junior****Friday 28/05/2010 - 5:19 PM****West Region: 54.56 1994 Nadia SCHMEIDT /****Lane Name School Seed Time****Section 1 of 2 Finals**

1	247 Amanda Desjardins	Essex D H S-Es	1:04.86
2	67 Samantha Ireland	Bluevale	1:03.30
3	151 Charlotte Clarke	Centennial C	1:03.20
4	707 Rachel Costa	Lourdes	1:02.14
5	744 Ally Gonzalez	Regina Mundi	1:02.34
6	389 Angelica Campigotto	Holy Names H	1:03.28
7	511 Jillian Rops	Lambton Cent	1:04.34
8	638 Lauren Dann	Northern C I V	1:05.65

**Section 2 of 2 Finals**

1	1054 Kaitlyn Schenck	St. Mary's High	1:02.09
2	367 Marissa Kurtimah	Guelph Cvi-G	1:01.30
3	914 McKenzie Johnson	Laurier, Sir	1:00.47
4	532 Taylor Farquhar	London Central	58.86
5	1097 Katie Parry	St. Thomas Aq	59.77
6	576 Mikaela	Medway HS	1:00.74
7	60 Breanne Nicholas	Blenheim D H S	1:01.95
8	664 Siobhan Smith	Northern C I V	1:02.11

**OFSSA - 2010 West Regionals - 28/05/2010 to 29/05/2010****Track and Field****University of Windsor Stadium****Meet Program****Event 38 Men 400 Meter Junior****Friday 28/05/2010 - 5:19 PM****West Region: 47.94 1997 Liam CARD / Port**

Lane Name	School	Seed Time
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**Section 1 of 2 Finals**

1	732 Corey Squires	Parkside CI	54.80
2	1008 Brady Johnston	St. John's Colle	54.92
3	537 Peter Harris	London Central	53.92
4	806 Micah Hesman	Sandwich	53.81
5	299 Jake Clement	Brennan, F.J	54.20
6	795 Shawn Beaudoin	Sandwich	53.22
7	1144 Alex Dufault	Strathroy DC	54.88
8	560 Devyn McGlocklin	Dorchester	54.54

**Section 2 of 2 Finals**

1	631 Drelan Bramwell	Northern C I V	53.16
2	750 Scott Buttinger	Resurrection	52.24
3	1005 Jermaine	St. James HS	51.25
4	310 Nienkel Paljola	Forest Heigh	50.76
5	1218 Brandon McBride	Herman, W.F.	49.09
6	1233 Keegan Calder	Waterloo	51.57
7	171 Dylan Lambert	Central Huron	53.32
8	669 Broderick Webster	Northern C I V	52.67

**Event 39 Women 800 Meter Junior****Saturday 29/05/2010 - 3:00 PM****West Region: 2:08.52 02/06/2007 Jessica Parry**

Lane Name	School	Seed Time
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**Section 1 of 1 Finals**

1A	453 Cheyenne Hunter	Kincardine	2:18.64
1B	1001 Aliya Roga	St David	2:20.70
1C	1097 Katie Parry	St. Thomas Aq	2:23.54
1D	857 Jessica Bujouves	Saunders SS	2:23.82
1E	664 Siobhan Smith	Northern C I V	2:24.14
1F	500 Darian Limb	Lambton Cent	2:25.70
2A	57 Elora Beitz	Bishop MacDo	2:27.44
2B	389 Angelica Campigotto	Holy Names H	2:29.16
2C	67 Samantha Ireland	Bluevale	2:29.55
2D	915 Spottiswood Sarah	Laurier, Sir	2:30.49
2E	619 Reo Roland	North Park C	2:30.77
2F	297 Madeline Yungblut	Madill, F.E.	2:31.16
2G	942 Jacey Steen	St. Anne SS -	2:31.66
2H	724 Amanda Hancock	Parkside CI	2:31.68
2I	251 Haley Hetzel	Essex D H S-Es	2:36.43
2J	241 Mel Boissonneault	Essex D H S-Es	2:39.00

**Event 40 Men 800 Meter Junior****Saturday 29/05/2010 - 3:00 PM****West Region: 1:50.90 2000 Nathan BRANNEN / Preston HS**

Lane Name	School	Seed Time
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**Section 1 of 1 Finals**

1A	778 Corey Bellemore	Riverside S S	1:57.36
1B	651 Shawn Master	Northern C I V	1:57.46
1C	146 Jerry Colaluca	Catholic Cen	1:58.77
1D	299 Jake Clement	Brennan, F.J	1:59.47
1E	750 Scott Buttinger	Resurrection	2:00.31
1F	1036 Sam Baxter	St. Mary's High	2:00.61
2A	411 Cory Simard	Kennedy, Hon	2:00.96
2B	1144 Alex Dufault	Strathroy DC	2:04.33
2C	1202 Brad Carroll	Herman, W.F.	2:05.27
2D	1021 Chris Taylor	St. Joseph's	2:05.68
2E	684 Mike Gunn	Oakridge SS	2:05.70
2F	561 Andrew Moser	Dorchester	2:07.71
2G	120 Curtis D'Hollander	Dorchester Central	2:08.10
2H	1236 Usama Ikram	Waterloo	2:11.33
2I	618 Jake Moore	North Park C	2:11.76
2J	706 Brendan Clark	Lourdes	2:12.04

**Event 41 Women 1500 Meter Junior****Friday 28/05/2010 - 6:07 PM****West Region: 4:28.35 01/06/2007 Jessica Parry**

Lane Name	School	Seed Time
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**Section 1 of 1 Finals**

1	942 Jacey Steen	St. Anne SS -	5:12.03
2	368 Vanessa Linton	Guelph Cvi-G	5:04.30
3	297 Madeline Yungblut	Madill, F.E.	5:13.55
4	242 Ashley Bracci	Essex D H S-Es	5:10.98
5	1001 Aliya Roga	St David	5:01.63
6	654 Paige Odegard	Northern C I V	5:12.94
7	962 Chantal Bourassa	St Christoph	5:08.98
8	500 Darian Limb	Lambton Cent	5:01.38
9	236 Maggie MacDonald	Erin Dhs-Eri	5:04.52
10	57 Elora Beitz	Bishop MacDo	5:11.27
11	915 Spottiswood Sarah	Laurier, Sir	5:12.46
12	857 Jessica Bujouves	Saunders SS	4:57.81
13	453 Cheyenne Hunter	Kincardine	4:53.38
14	933 Andrea Kiss	St. Anne SS -	5:10.64
15	602 Jaelyn White	Mother Teresa	5:00.00
16	543 Stephanie Rigg	London Central	5:03.49
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**OFSAA - 2010 West Regionals - 28/05/2010 to 29/05/2010****Track and Field****University of Windsor Stadium****Meet Program****Event 42 Men 1500 Meter Junior****Friday 28/05/2010 - 6:07 PM****West Region: 3:49.3h 1994****Jay CANTIN / Sarnia-St. Clair**

Lane	Name	School	Seed Time
<b>Section 1 of 1 Finals</b>			
1	1065 Tyler Natywary	St. Michael	4:25.40
2	1000 James Milton	St David	4:24.89
3	1010 Tyler VanLeewen	St. John's Colle	4:27.14
4	164 Mate Magdic	Central Elgin	4:35.18
5	411 Cory Simard	Kennedy, Hon	4:18.29
6	1036 Sam Baxter	St. Mary's High	4:12.87
7	838 Logan Chappell	Saugeen D S S	4:22.86
8	1068 Paul Wunder	St. Michael	4:27.48
9	146 Jerry Colaluca	Catholic Cen	4:15.19
10	626 Olivier Asselin	Northern C I V	4:23.02
11	186 Ryan McNamara	Chatham Chri	4:15.01
12	556 Patrick Deane	Dorchester	4:25.00
13	651 Shawn Master	Northern C I V	4:08.63
14	684 Mike Gunn	Oakridge SS	4:31.44
15	778 Corey Bellemore	Riverside S S	4:09.20
16	1236 Usama Ikram	Waterloo	4:23.52
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18			

**Event 43 Women 3000 Meter Junior****Saturday 29/05/2010 - 2:30 PM****West Region: 9:50.02 2001****Amy KOHLMEIER**

Lane	Name	School	Seed Time
<b>Section 1 of 1 Finals</b>			
1A	368 Vanessa Linton	Guelph Cvi-G	11:02.39
1B	1139 Tiana Beharriell	Strathroy DC	11:32.22
1C	72 Nicole	Bluevale	11:37.29
1D	781 Stephanie Jarison	Riverside S S	12:21.67
2A	602 Jaclyn White	Mother Teresa	10:35.18
2B	654 Paige Odegard	Northern C I V	11:29.61
2C	962 Chantal Bourassa	St Christoph	11:33.75
2D	647 Melissa Jameson	Northern C I V	11:40.20
3A	543 Stephanie Rigg	London Central	10:38.05
3B	236 Maggie MacDonald	Erin Dhs-Eri	11:29.85
3C	242 Ashley Bracci	Essex D H S-Es	11:36.58
3D	539 Madi MacDonald	London Central	11:47.30
4A	100 Taylor Martin	Cameron Heig	11:16.88
4B	747 Hanne Roelen	Regina Mundi	11:32.72
4C	64 Marina Drygala	Bluevale	11:38.98
4D	1229 Erinn Lee	Wallaceburg	12:23.98
2E			
3E			
1E			
4E			
2F			
3F			
1F			
4F			

**Event 44 Men 3000 Meter Junior****Saturday 29/05/2010 - 2:30 PM****West Region: 8:35.46 2001****Adam HORTIAN / Bluevale**

Lane	Name	School	Seed Time
<b>Section 1 of 1 Finals</b>			
1A	1065 Tyler Natywary	St. Michael	9:35.69
1B	556 Patrick Deane	Dorchester	9:41.63
1C	1010 Tyler VanLeewen	St. John's Colle	9:52.12
1D	350 Patrick Carrique	Grand River	10:01.41
2A	333 Matt	Amherst, Gen	9:31.40
2B	838 Logan Chappell	Saugeen D S S	9:39.02
2C	1177 Devon Ellijah	Massey, Vinc	9:49.98
2D	395 Brandon Miner	Holy Names H	9:58.50
3A	186 Ryan McNamara	Chatham Chri	9:34.50
3B	1173 Sayf Al-Khazraji	Massey, Vinc	9:39.95
3C	925 Joel Webster	Southwood S S	9:50.96
3D	164 Mate Magdic	Central Elgin	9:58.56
4A	1000 James Milton	St David	9:37.75
4B	1068 Paul Wunder	St. Michael	9:43.07
4C	871 Colton MacDonald	Saunders SS	9:52.29
4D	652 Pablo Mendoza	Northern C I V	10:10.39
2E			
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4E			
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3F			
1F			
4F			

**Event 45 Women 80 Meter Hurdles Junior****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 28/05/2010 - 4:10 PM****West Region: 11.01 1998****Jessica ZELINKA /**

Lane	Name	School	Seed Time
<b>Heat 1 of 2 Prelims</b>			
1	351 Nicole Do	Grand River	12.99
2	48 Brogan Probert	Belle River	13.24
3	507 Hanna Molzan	Lambton Cent	13.23
4	159 Helena Reinfels	Centennial C	12.43
5	540 Christine MacNeill	London Central	11.84
6	744 Ally Gonzalez	Regina Mundi	13.05
7	465 Courtney Rivait	Kingsville D	12.74
8	91 Leah de los Santos	Cameron Heig	12.82
<b>Heat 2 of 2 Prelims</b>			
1	174 Adrienne Wise	Central Huron	13.63
2	599 Alysha Newman	Mother Teresa	11.80
3	1048 Cheryse Mitton	St. Mary's High	12.59
4	519 Jilleen VanLeerzem	Lambton Cent	13.11
5	789 Laura Pineault	Riverside S S	13.17
6	951 Nadine Otten	St. Anne's	12.74
7	1054 Kaitlyn Schenck	St. Mary's High	12.97
8	375 Elisa Wright	Harrow D H S	12.90

**OFSAA - 2010 West Regionals - 28/05/2010 to 29/05/2010****Track and Field****University of Windsor Stadium****Meet Program****Event 46 Men 100 Meter Hurdles Junior****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 28/05/2010 - 4:10 PM****West Region: 13.49 2009 Gregory MACNEILL****Lane Name School Seed Time****Heat 1 of 2 Prelims**

1	213 Jevon Bisschop	East Elgin SS	15.85
2	163 Zak Jukna	Central Elgin	16.82
3	93 Chris Green	Cameron Heig	14.23
4	493 Michael Gray	Lambton Cent	14.95
5	447 Shawn Wu	John F. Ross	15.78
6	308 Mitch O'Donnell	Forest Heigh	14.31
7	648 Matt Klaudi	Northern C I V	15.52
8	421 Steven Buckley	Huron Park SS	16.57

**Heat 2 of 2 Prelims**

1	330 Tom McCormick	Amherst, Gen	15.67
2	374 Mitchell Long	Harrow D H S	14.88
3	412 Matt Cober	Huron Heights S	16.19
4	181 Ian McGregor	Centre Welli	15.88
5	328 Mike Mallender	Amherst, Gen	14.87
6	38 Brandon Gow	Belle River	14.19
7	427 Garrick Byers	Ingersoll DC	17.14
8	1090 Connor Hogg	St. Thomas Aq	15.69

**Event 47 Women 300 Meter Hurdles Junior****Saturday 29/05/2010 - 1:30 PM****West Region: 41.78 1994 Nadia SCHMEIDT /****Lane Name School Seed Time****Section 1 of 2 Finals**

1	789 Laura Pineault	Riverside S S	50.16
2	91 Leah de los Santos	Cameron Heig	49.45
3	1048 Cheryse Mitton	St. Mary's High	49.30
4	1054 Kaitlyn Schenck	St. Mary's High	48.88
5	658 Marlowe Pecora	Northern C I V	49.04
6	951 Nadine Otten	St. Anne's	48.85
7	680 Kaylin Cornelius	Oakridge SS	50.75
8	477 Kaitlyn Donison	L'Essor	50.63

**Section 2 of 2 Finals**

1	664 Siobhan Smith	Northern C I V	48.28
2	465 Courtney Rivait	Kingsville D	47.34
3	744 Ally Gonzalez	Regina Mundi	47.28
4	532 Taylor Farquhar	London Central	44.88
5	540 Christine MacNeill	London Central	45.88
6	159 Helena Reinfels	Centennial C	46.04
7	519 Jilleen VanLeerzem	Lambton Cent	48.53
8	104 Sam Murray	Cameron Heig	48.26

**Event 48 Men 300 Meter Hurdles Junior****Saturday 29/05/2010 - 1:30 PM****West Region: 38.11 1996 Jeff ELLIS/Orangeville****Lane Name School Seed Time****Section 1 of 2 Finals**

1	1034 Zac Bandura	St. Mary's High	46.13
2	443 Jeff Mah	John F. Ross	46.82
3	571 Mark Muehmer	Medway HS	44.53
4	171 Dylan Lambert	Central Huron	43.64
5	561 Andrew Moser	Dorchester	44.06
6	713 Brady Kelly	Lourdes	45.14
7	181 Ian McGregor	Centre Welli	46.21
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**Section 2 of 2 Finals**

1	412 Matt Cober	Huron Heights S	43.24
2	493 Michael Gray	Lambton Cent	42.50
3	795 Shawn Beaudoin	Sandwich	40.15
4	806 Micah Hesman	Sandwich	41.43
5	1218 Brandon McBride	Herman, W.F.	39.22
6	38 Brandon Gow	Belle River	40.04
7	648 Matt Klaudi	Northern C I V	43.37
8	732 Corey Squires	Parkside CI	42.53

**Event 49 Women High Jump Junior****Saturday 29/05/2010 - 1:15 PM****Starting height 1.35 m****West Region: 1.77m 1985 Catherine BOND / Woodstock****Pos Name School Seed Mark****Flight 1 of 1 Finals**

1	321 Bryar Hind	Galt Cvi-Cam	1.50m
2	470 Avrya Janke	Kitchener Wa	1.50m
3	635 Leah Caravan	Northern C I V	1.40m
4	854 Sarah Backes	Saunders SS	1.48m
5	1256 Brooke Rowland	Westside Sec	1.60m
6	1193 Veronica Uras	Massey, Vinc	1.40m
7	812 Alexis Lockstadt	Sandwich	1.40m
8	860 Jennifer Christie	Saunders SS	1.48m
9	1167 Alexandra Wolting	Ur The Pines	1.43m
10	901 Caitlin Hughes	Sir John A Macd	1.45m
11	667 Leah VanBarneveld	Northern C I V	1.53m
12	577 Karleigh Davidson	Mgsr. E.A. Doyl	1.45m
13	432 Julie-Ann Milling	Ingersoll DC	1.48m
14	1153 Rachel Neves	Strathroy DC	1.48m
15	786 Jessica Mong	Riverside S S	1.35m
16	1260 Alyssa Bickle	Woodstock	1.60m
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**OFSAA - 2010 West Regionals - 28/05/2010 to 29/05/2010****Track and Field****University of Windsor Stadium****Meet Program****Event 50 Men High Jump Junior****Saturday 29/05/2010 - 2:45 PM**

Starting height 1.65 m

West Region: 2.01m 1984 Andrew MCLEAN /

Pos	Name	School	Seed	Mark
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**Flight 1 of 1 Finals**

1	571 Mark Muehmer	Medway HS		1.75m
2	795 Shawn Beaudoin	Sandwich		1.71m
3	147 Mychal Mulder	Catholic Cen		1.83m
4	958 Robin Petrie	St. Benedict		1.70m
5	487 Scott Campbell	Lambton Cent		1.80m
6	527 Quinton Eaton	Listowel Dss		1.78m
7	1016 Conner	St. Joseph's		1.75m
8	211 Jordan Spain	Delhi Dss-De		1.75m
9	1140 Sean Callaghan	Strathroy DC		1.78m
10	1257 David Nightingale	Woodland Chr		1.80m
11	1223 Tyler Storey	Herman, W.F.		1.68m
12	1233 Keegan Calder	Waterloo		1.80m
13	230 Jordan Moore	Elmira Dhs		1.70m
14	671 Jake Williams	Northern C I V		1.95m
15	1214 Demetrius Kah	Herman, W.F.		1.68m
16	117 Mark Boles	Catholic Central		1.75m
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**Event 51 Women Pole Vault Junior****Friday 28/05/2010 - 6:00 PM**

Starting height 1.70 m

West Region: 3.41m 2009 Alysha NEWMAN

Pos	Name	School	Seed	Mark
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**Flight 1 of 1 Finals**

1	769 Anna Maria Radu	Resurrection		1.70m
2	19 Laura Sauro	Assumption C		2.30m
3	908 Tracey Scanling	Sir John A Macd		1.90m
4	352 Alyssa Fiedler	Grand River		1.90m
5	101 Abbie McLellan	Cameron Heig		2.30m
6	458 Rachel Brandner	Kingsville D		2.50m
7	1261 Larrissa Jerome	Woodstock		2.40m
8	599 Alysha Newman	Mother Teresa		3.89m
9	886 Meredith Leitch	Banting, Sir		2.20m
10	860 Jennifer Christie	Saunders SS		2.40m
11	80 Hannah Becket	Brantford CI		1.90m
12	943 Angela Taylor	St. Anne SS -		2.10m
13	856 Sophie Bauer	Saunders SS		2.55m
14	934 Tori Larocque	St. Anne SS -		2.40m
15	523 Kaitlyn Pinch	Leamington D		2.30m
16	461 Kaylie Crawford	Kingsville D		2.40m
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**OFSAA - 2010 West Regionals - 28/05/2010 to 29/05/2010****Track and Field****University of Windsor Stadium****Meet Program****Event 52 Men Pole Vault Junior****Saturday 29/05/2010 - 10:00 PM**

Starting height 2.25 m

West Region: 4.40m 1991

Mike NOLAN / Lord Dorchester

Pos	Name	School	Seed Mark
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**Flight 1 of 1 Finals**

1	688 Brad Kuiack	Oakridge SS	3.35m
2	865 Matt Hartley	Saunders SS	2.95m
3	524 Josh Purdy	Leamington D	2.50m
4	898 Nik Hoediono	Sir John A Macc	4.12m
5	936 Jay Meyer	St. Anne SS -	2.30m
6	884 Mike Lavdas	Banting, Sir	2.65m
7	902 Emil Larsson	Sir John A Macc	3.40m
8	882 Sam Ferguson	Banting, Sir	2.80m
9	806 Micah Hesman	Sandwich	3.20m
10	816 Kaelan Masse	Sandwich	3.10m
11	912 Harvey Xu	Sir John A Macc	2.60m
12	896 Reid Hayes	Sir John A Macc	2.60m
13	208 Beau Burroughs	Delhi Dss-De	3.00m

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**Event 53 Women Long Jump Junior****Saturday 29/05/2010 - 10:00 AM**

West Region: 5.76m 1981

Tina LETOURNEAU /

Pos	Name	School	Seed Mark
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**Flight 1 of 1 Finals**

1	434 Pheobe Sampey	Ingersoll DC	4.94m
2	1128 Emily Lesouder	Stratford Centr	4.90m
3	1163 Carley Horvath	Ur The Pines	4.70m
4	1110 Mia Cuffaro	Villanova	4.44m
5	939 Emily Omahen	St. Anne SS -	5.04m
6	812 Alexis Lockstadt	Sandwich	4.52m
7	693 Briawna Taylor	Oakridge SS	5.06m
8	699 Lauren Smith	Orangeville	4.43m
9	507 Hanna Molzan	Lambton Cent	4.61m
10	576 Mikaela	Medway HS	5.04m
11	1022 Laura VanBommel	St. Joseph's	5.26m
12	60 Breanne Nicholas	Blenheim D H S	4.85m
13	752 Katrina Corrado	Resurrection	4.47m
14	717 Hannah Pearsall	Lourdes	4.81m
15	175 Devin Crandall	Centre Dufferin	4.38m
16	1235 Jessica Clancy	Waterloo	4.84m

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**OFSSA - 2010 West Regionals - 28/05/2010 to 29/05/2010****Track and Field****University of Windsor Stadium****Meet Program****Event 54 Men Long Jump Junior****Saturday 29/05/2010 - 11:30 AM****West Region: 7.18m 1999 Paul WHITTY /**

Pos	Name	School	Seed	Mark
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**Flight 1 of 1 Finals**

1	160 Danny Richards	Centennial C		6.05m
2	497 Lukas Jeffery	Lambton Cent		5.69m
3	1016 Conner	St. Joseph's		6.21m
4	220 Salah Kanu	Eastwood		5.79m
5	958 Robin Petrie	St. Benedict		5.55m
6	308 Mitch O'Donnell	Forest Heigh		6.05m
7	1213 Khalil Jones	Herman, W.F.		6.04m
8	373 Austin Crumb	Harrow D H S		6.01m
9	1071 Austin Lanteigne	St. Patrick'		6.27m
10	582 Jormnap Chhorn	Montcalm SS		5.58m
11	792 Colin Black	Sacred Heart		5.76m
12	144 Nick Vanin	Catholic Central		6.07m
13	1017 Brandon Meginnis	St. Joseph's		5.77m
14	728 Devon Lucan	Parkside CI		5.85m
15	1198 Mike Ascot	Herman, W.F.		6.30m
16	374 Mitchell Long	Harrow D H S		5.76m

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**Event 55 Women Triple Jump Junior****Friday 28/05/2010 - 4:00 PM****West Region: 11.94m 1995 Monique HAAN / London**

Pos	Name	School	Seed	Mark
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**Flight 1 of 1 Finals**

1	467 Nancy Yu	Kingsville D		10.36m
2	1252 Valerie Wahl	Westminster		10.04m
3	692 Kendra Stirling	Oakridge SS		9.91m
4	65 Emily Ersman	Bluevale		11.17m
5	576 Mikaela	Medway HS		10.46m
6	91 Leah de los Santos	Cameron Heig		10.98m
7	414 Danielle Gunsch	Huron Heights S		10.84m
8	60 Breanne Nicholas	Blenheim D H S		10.07m
9	1110 Mia Cuffaro	Villanova		10.37m
10	1256 Brooke Rowland	Westside Sec		11.08m
11	714 Katrina Kok	Lourdes		10.07m
12	3 Danielle Prapavessis	Lucas, A.B.		9.80m
13	644 Leanne Holdaway	Northern C I V		9.88m
14	337 Cayla Smith	Glendale HS		9.96m
15	812 Alexis Lockstadt	Sandwich		10.06m
16	1163 Carley Horvath	Ur The Pines		9.86m

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**OFSSA - 2010 West Regionals - 28/05/2010 to 29/05/2010****Track and Field****University of Windsor Stadium****Meet Program****Event 56 Men Triple Jump Junior****Friday 28/05/2010 - 5:30 PM****West Region: 15.22m 2000****Kenen SHADD /**

Pos	Name	School	Seed	Mark
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**Flight 1 of 1 Finals**

1	550 Steven Riosa	London Christia		12.63m
2	1206 Jaydon Gauthier	Herman, W.F.		12.76m
3	1198 Mike Ascot	Herman, W.F.		12.75m
4	393 Damion Lacroix	Holy Names H		12.63m
5	310 Nienkel Paljola	Forest Heigh		12.95m
6	248 Evan Dierickse	Essex D H S-Es		11.63m
7	1254 Riley Crean	Westside Sec		12.20m
8	497 Lukas Jeffery	Lambton Cent		12.01m
9	435 Casey Barvinek	Jacob Hesple		12.24m
10	93 Chris Green	Cameron Heig		12.51m
11	426 Ryan Wells	Huron Park SS		12.13m
12	213 Jevon Bisschop	East Elgin SS		11.80m
13	485 Derek Blonsky	Lambton Cent		11.73m
14	421 Steven Buckley	Huron Park SS		11.85m
15	308 Mitch O'Donnell	Forest Heigh		12.68m
16	1063 Ethan McCarroll	St. Michael		11.85m
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**Event 57 Women Shot Put Junior****Saturday 29/05/2010 - 11:30 AM****West Region: 13.30m 1981****Liz POLYAK / Brantford -**

Pos	Name	School	Seed	Mark
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**Flight 1 of 1 Finals**

1	1262 Mara Rumble	Woodstock		8.75m
2	125 Heather Grandy	Catholic Central		8.74m
3	605 Bailey Hutt	North Lambto		9.80m
4	1246 Emily Charlton	West Hill		9.47m
5	625 Alisha Arthurs	Northern C I V		9.04m
6	448 Suzanna Lam	Forster, Joh		10.24m
7	218 Michelle Hudyn	Eastwood		8.63m
8	851 Christie Robertson	Saugeen D S S		9.22m
9	1127 Brindley Jantzi	Stratford Centr		10.46m
10	532 Taylor Farquhar	London Central		9.53m
11	252 Nicole Morse	Essex D H S-Es		9.43m
12	526 Patti Blake	Listowel Dss		8.84m
13	579 Breanne Hutchings	Mgsr. E.A. Doyl		9.89m
14	206 Emily Brooks	Delhi Dss-De		9.72m
15	1217 Chelsea Masson	Herman, W.F.		9.34m
16	478 Alex Forshaw	L'Essor		8.87m
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**OFSAA - 2010 West Regionals - 28/05/2010 to 29/05/2010****Track and Field****University of Windsor Stadium****Meet Program****Event 58 Men Shot Put Junior****Saturday 29/05/2010 - 10:00 AM****West Region: 17.41m 2009 Jordan YOUNG**

Pos	Name	School	Seed Mark
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**Flight 1 of 1 Finals**

1	671 Jake Williams	Northern C I V	14.68m
2	42 Taylor Kreitzer	Belle River	14.34m
3	596 Zach Mallough	Mother Teresa	16.39m
4	246 Josh Dame	Essex D H S-Es	16.86m
5	1251 Braeden Weppler	West Hill	13.51m
6	1018 Charles Nguyen	St. Joseph's	13.91m
7	584 Garrett Heming	Montcalm SS	14.56m
8	555 Mark Wheatley	London South	13.73m
9	1071 Austin Lanteigne	St. Patrick'	14.32m
10	94 Lance Hazlett	Cameron Heig	12.93m
11	756 Jake Francis	Resurrection	13.13m
12	1196 Corey Wortley	Massey, Vinc	14.70m
13	71 Grevon Marston	Bluevale	12.39m
14	1133 Matt Dobbin	Stratford NW SS	13.66m
15	628 Brett Boersma	Northern C I V	15.18m
16	209 Jake Dougherty	Delhi Dss-De	12.80m

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24**Event 59 Women Discus Throw Junior****Friday 28/05/2010 - 5:30 PM****West Region: 44.24m 1981 Liz POLYAK / Brantford-North**

Pos	Name	School	Seed Mark
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**Flight 1 of 1 Finals**

1	218 Michelle Hudyn	Eastwood	25.36m
2	990 Veronica Carpani	St. Clair S S	25.21m
3	681 Katie Costello	Oakridge SS	27.97m
4	526 Patti Blake	Listowel Dss	23.77m
5	944 Katie Tracey	St. Anne SS -	24.60m
6	783 Marija Kulidzan	Riverside S S	24.22m
7	108 Nikki Ross	Cameron Heig	25.84m
8	1061 Kelsey MacSorley	St. Michael	26.54m
9	478 Alex Forshaw	L'Essor	31.11m
10	1246 Emily Charlton	West Hill	25.40m
11	1162 Sierra Stoffelson	Tollgate	27.56m
12	1109 Mary Coughlin	Villanova	29.78m
13	59 Amber Nicholas	Blenheim D H S	26.01m
14	206 Emily Brooks	Delhi Dss-De	24.80m
15	1127 Brindley Jantzi	Stratford Centr	29.97m
16	1262 Mara Rumble	Woodstock	23.72m

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**OFSSA - 2010 West Regionals - 28/05/2010 to 29/05/2010****Track and Field****University of Windsor Stadium****Meet Program****Event 60 Men Discus Throw Junior****Friday 28/05/2010 - 4:00 PM****West Region: 61.26m 2009 Jordan YOUNG**

Pos	Name	School	Seed	Mark
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**Flight 1 of 1 Finals**

1	584 Garrett Heming	Montcalm SS		46.18m
2	1018 Charles Nguyen	St. Joseph's		49.17m
3	620 Ben Sayles	North Park C		41.81m
4	985 Michael Rocca	St Christoph		44.14m
5	555 Mark Wheatley	London South		44.52m
6	384 Bronson Smart	Holy Cross		44.36m
7	1224 Andrew Scott	Walkerton		40.18m
8	332 Anthony Spanic	Amherst, Gen		37.38m
9	841 Thomas Godwin	Saugeen D S S		43.59m
10	42 Taylor Kreitzer	Belle River		42.26m
11	246 Josh Dame	Essex D H S-Es		50.19m
12	1148 Lance Freer	Strathroy DC		42.91m
13	508 Carter Noll	Lambton Cent		38.46m
14	71 Grevon Marston	Bluevale		41.37m
15	840 Jayce Dunlop	Saugeen D S S		41.50m
16	785 Daniel Medel	Riverside S S		45.30m
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**Event 61 Women Javelin Throw Junior****Saturday 29/05/2010 - 2:45 PM****West Region: 48.84m 1989 Margaret GRIFFITHS /**

Pos	Name	School	Seed	Mark
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**Flight 1 of 1 Finals**

1	1200 Samantha Bondy	Herman, W.F.		32.62m
2	856 Sophie Bauer	Saunders SS		29.74m
3	1151 Katrina Jeromkin	Strathroy DC		30.98m
4	1262 Mara Rumble	Woodstock		28.58m
5	388 Leah Burress	Holy Names H		32.31m
6	1238 Rachel Woolley	Waterloo-Oxf		31.25m
7	992 Lexie Hanly	St. Clair S S		32.44m
8	1256 Brooke Rowland	Westside Sec		43.33m
9	1022 Laura VanBommel	St. Joseph's		28.36m
10	1142 Jasmine Crosby	Strathroy DC		28.26m
11	298 Karli Clark	Brennan, F.J		30.77m
12	813 Jessica Lomazzo	Sandwich		29.73m
13	579 Breanne Hutchings	Mgrs. E.A. Doyl		36.72m
14	454 Hayley Stewart	Kincardine		29.77m
15	660 Deanna Ritchie	Northern C I V		28.86m
16	233 Jasmine Wilson	Elmira Dhs		35.92m
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## OFSSA - 2010 West Regionals - 28/05/2010 to 29/05/2010

## Track and Field

## University of Windsor Stadium

## Meet Program

**Event 62 Men Javelin Throw Junior****Saturday 29/05/2010 - 1:15 PM****West Region: 61.10m 2009 Tyler WITHERS**

Pos	Name	School	Seed	Mark
<b>Flight 1 of 1 Finals</b>				
1	27 Mitch Green	Assumption		41.22m
2	585 Nolan Anderson	Mother Teresa		51.65m
3	803 Aaron Hackney	Sandwich		56.60m
4	235 Kyle Kinsey	Erin Dhs-Eri		44.78m
5	1231 Brian Gilbert	Waterford		40.80m
6	1071 Austin Lanteigne	St. Patrick'		54.31m
7	846 Russell MacMillan	Saugeen D S S		44.39m
8	671 Jake Williams	Northern C I V		49.14m
9	386 Cody Wuytenberg	Holy Cross		44.99m
10	841 Thomas Godwin	Saugeen D S S		47.55m
11	173 Riley Ward	Central Huron		40.87m
12	641 Eliot Handy	Northern C I V		48.43m
13	282 Mitch Kuik	Madill, F.E.		45.32m
14	883 Wilson Kabutangana	Banting, Sir		45.64m
15	797 Richard Chan	Sandwich		58.04m
16	42 Taylor Kreitzer	Belle River		58.86m
17				
18				
19				
20				
21				
22				
23				
24				

**Event 63 Women 4x100 Meter Relay Junior****Friday 28/05/2010 - 7:20 PM****West Region: 49.80 2006 LONDON - BANTING****K. Law,M.Harris,B.Rausch,S.Malek**

Lane	Team	Relay	Seed	Time
<b>Section 1 of 2 Finals</b>				
1	L'Essor	A		54.51
2	Kingsville D	A		54.46
3	Madill, F.E.	A		54.04
4	Strathroy DC	A		53.64
5	Guelph Cvi-G	A		53.94
6	Cameron Heig	A		53.86
7	Belle River	A		54.99
8	Brantford CI	A		54.36
<b>Section 2 of 2 Finals</b>				
1	Lambton Cent	A		53.01
2	St. Anne SS -	A		53.50
3	Catholic Central	A		52.72
4	Northern C I V	A		52.40
5	London Central	A		51.93
6	St. Anne's	A		52.72
7	St. Mary's High	A		53.23
8	Resurrection	A		53.19

**Event 64 Men 4x100 Meter Relay Junior****Friday 28/05/2010 - 7:20 PM****West Region: 43.15 2002 LONDON-CATHOLIC**

Lane	Team	Relay	Seed	Time
<b>Section 1 of 2 Finals</b>				
1	North Park C	A		47.58
2	Essex D H S-Es	A		47.43
3	Lambton Cent	A		47.18
4	St. Thomas Aq	A		47.16
5	Catholic Central	A		47.15
6	Medway HS	A		47.26
7	Huron Park SS	A		47.31
8	Lourdes	A		47.36
<b>Section 2 of 2 Finals</b>				
1	Grand River	A		46.01
2	Parkside CI	A		46.36
3	Holy Names H	A		44.56
4	Sandwich	A		45.52
5	Northern C I V	A		45.28
6	Herman, W.F.	A		44.78
7	Resurrection	A		46.31
8	Centennial C	A		46.95

**Event 65 Women 100 Meter Senior****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Saturday 29/05/2010 - 9:30 AM****West Region: 12.08 2004 Emily JOHNSON/Guelph-J. F.**

Lane	Name	School	Seed	Time
<b>Heat 1 of 2 Prelims</b>				
1	31 Saleena Wedderburn	Assumption		13.27
2	126 Tori Haffner	Catholic Central		12.91
3	800 Raegan Deschamps	Sandwich		13.52
4	1123 Brittany Pillon	Villanova		13.44
5	70 Tonya Malcolm	Bluevale		13.14
6	610 Amy Wilson	North Lambto		12.88
7	959 Tia Semplonius	St. Benedict		12.58
8	441 Karry-Ann Cornwall	John F. Ross		12.57
<b>Heat 2 of 2 Prelims</b>				
1	45 kristen McMahon	Belle River		13.42
2	589 Jennifer Barbon	Mother Teresa		12.68
3	994 Kim Ross	St. Clair S S		13.60
4	538 Lauren Jespersen	London Central		12.71
5	782 Tichina Jones	Riverside S S		12.98
6	165 Rachel Muma	Central Elgin		12.93
7	107 Erin Robbins	Cameron Heig		13.38
8	289 Kayla Smith	Madill, F.E.		12.53

**OFSAA - 2010 West Regionals - 28/05/2010 to 29/05/2010****Track and Field****University of Windsor Stadium****Meet Program****Event 66 Men 100 Meter Senior****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Saturday 29/05/2010 - 9:30 AM****West Region: 10.57 1994 Dave TOMLIN / Kitchener-St.**

Lane	Name	School	Seed Time
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**Heat 1 of 2 Prelims**

1	624 Tyler Annett	Northern C I V	11.15
2	815 Tyler MacLeod	Sandwich	11.04
3	394 Mathew McKeegan	Holy Names H	11.37
4	1155 Brandon Stewart	Strathroy DC	11.19
5	413 Talon Guerra	Huron Heights S	11.12
6	694 Gabe Tesfaye	Oakridge SS	10.93
7	676 Ryan Young	Northern C I V	11.64
8	748 Taylor Stewart	Regina Mundi	10.92

**Heat 2 of 2 Prelims**

1	228 Cory Giroux	Elmira Dhs	11.00
2	311 Devon Rittinger	Forest Heigh	10.97
3	668 Graeme Wattie	Northern C I V	11.33
4	597 Brandyn Martineau	Mother Teresa	11.15
5	222 Emeka Agada	Elmira Dhs	10.91
6	529 Jordan Boutilier	London Central	11.23
7	23 Marqus Daniel	Assumption	11.14
8			

**Event 67 Women 200 Meter Senior****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Saturday 29/05/2010 - 11:00 AM****West Region: 24.70 1999 Jessica ZELINKA/Banting**

Lane	Name	School	Seed Time
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**Heat 1 of 2 Prelims**

1	589 Jennifer Barbon	Mother Teresa	26.73
2	1123 Brittany Pillon	Villanova	27.48
3	441 Karry-Ann Cornwall	John F. Ross	25.94
4	800 Raegan Deschamps	Sandwich	28.11
5	593 Amy Grzywnowicz	Mother Teresa	26.61
6	444 Heather Rayner	John F. Ross	26.12
7	977 Nicole Makar	St Christoph	27.39
8	993 Brittany Lewis	St. Clair S S	25.05

**Heat 2 of 2 Prelims**

1	566 Nathana Griffiths	Maranatha	25.92
2	911 Payton Thiel	Sir John A Macc	28.06
3	782 Tichina Jones	Riverside S S	26.24
4	881 Caitlyn Evered	Banting, Sir	26.60
5	721 Katie Butterwick	Parkside CI	26.81
6	959 Tia Semplonius	St. Benedict	25.90
7	325 Liz Phillips	Galt Cvi-Cam	27.98
8	538 Lauren Jespersen	London Central	26.88

**Event 68 Men 200 Meter Senior****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Saturday 29/05/2010 - 11:00 AM****West Region: 21.30 1995 Dave TOMLIN / Kitchener-St.**

Lane	Name	School	Seed Time
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**Heat 1 of 2 Prelims**

1	668 Graeme Wattie	Northern C I V	22.99
2	529 Jordan Boutilier	London Central	23.30
3	1212 Charles Johnson	Herman, W.F.	22.85
4	394 Mathew McKeegan	Holy Names H	21.96
5	986 Steven Strybos	St Christoph	23.07
6	1088 Felipe Granja	St. Thomas Aq	23.30
7	595 Greg MacNeill	Mother Teresa	21.75
8	311 Devon Rittinger	Forest Heigh	22.82

**Heat 2 of 2 Prelims**

1	1011 Brandon Wagstaff	St. John's Colle	23.08
2	23 Marqus Daniel	Assumption	22.85
3	694 Gabe Tesfaye	Oakridge SS	22.94
4	624 Tyler Annett	Northern C I V	22.33
5	314 Jake Arnoldi	Galt Cvi-Cam	23.56
6	815 Tyler MacLeod	Sandwich	21.74
7	309 Phil O'Donnell	Forest Heigh	23.21
8	597 Brandyn Martineau	Mother Teresa	22.78

**Event 69 Women 400 Meter Senior****Friday 28/05/2010 - 5:19 PM****West Region: 55.02 1985 Nadia SCHMEIDT /**

Lane	Name	School	Seed Time
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**Section 1 of 2 Finals**

1			
2	154 Emily Gordon	Centennial C	1:03.65
3	1089 Madison Halls	St. Thomas Aq	1:01.73
4	1129 Rachel Rohfritsch	Stratford Centr	1:01.59
5	977 Nicole Makar	St Christoph	1:01.97
6	340 Emily McLean	Glenview Par	1:02.52
7	606 TJ Little	North Lambto	1:02.91
8	444 Heather Rayner	John F. Ross	1:02.53

**Section 2 of 2 Finals**

1	566 Nathana Griffiths	Maranatha	59.51
2	705 Jane Brownlee	Lourdes	59.36
3	126 Tori Haffner	Catholic Central	58.58
4	239 Kelsey Balkwill	Essex D H S-Es	55.89
5	993 Brittany Lewis	St. Clair S S	56.70
6	593 Amy Grzywnowicz	Mother Teresa	59.11
7	589 Jennifer Barbon	Mother Teresa	59.37
8	1205 Genny Cyrenne	Herman, W.F.	1:00.82

**OFSAA - 2010 West Regionals - 28/05/2010 to 29/05/2010****Track and Field****University of Windsor Stadium****Meet Program****Event 70 Men 400 Meter Senior****Friday 28/05/2010 - 5:19 PM****West Region: 47.59 1999 Liam CARD / Port**

Lane	Name	School	Seed Time
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**Section 1 of 2 Finals**

1	645 Brandon Huzevka	Northern C I V	52.19
2	140 Myles Rombough	Catholic Central	52.23
3	1079 Alex Bogorin	St. Thomas Aq	52.08
4	1059 Jeremiah Campbell	St. Michael	52.10
5	676 Ryan Young	Northern C I V	51.91
6	946 Matt Boven	St. Anne's	51.89
7	1234 Tye Calder	Waterloo	52.28
8	999 Nick Batten	St David	52.30

**Section 2 of 2 Finals**

1	446 Charlie Sutton	John F. Ross	51.70
2	360 Andy Fawcett	Grey Highlands	51.40
3	394 Mathew McKeegan	Holy Names H	50.40
4	1204 Arjen Colquhoun	Herman, W.F.	49.71
5	1212 Charles Johnson	Herman, W.F.	50.59
6	850 Evan Porter	Saugeen D S S	51.08
7	1088 Felipe Granja	St. Thomas Aq	51.24
8	17 Dominic Pizzolitto	Assumption C	51.68

**Event 71 Women 800 Meter Senior****Saturday 29/05/2010 - 3:00 PM****West Region: 2:09.88 2008 Jessica PARRY**

Lane	Name	School	Seed Time
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**Section 1 of 1 Finals**

1A	640 Katie Fleischer	Northern C I V	2:15.25
1B	132 Laura Morrison	Catholic Central	2:18.41
1C	1051 Katie Phelan	St. Mary's High	2:19.13
1D	327 Samantha Kellam	Amherst, Gen	2:19.75
1E	544 Samantha Robbins	London Central	2:19.95
1F	111 Simonne Tomasovic	Cameron Heig	2:20.27
2A	1067 Sarah Wilson	St. Michael	2:20.37
2B	1089 Madison Halls	St. Thomas Aq	2:21.16
2C	826 Lyndsey Telega	Sandwich	2:22.03
2D	787 Kodi Morgan	Riverside S S	2:22.06
2E	575 Katie Schurr	Medway HS	2:22.41
2F	370 Lindsay Thompson	Guelph Cvi-G	2:25.34
2G	13 Gabrielle Malette	Assumption C	2:26.07
2H	63 Michelle Cress	Bluevale	2:26.40
2I	656 Sarah Parker	Northern C I V	2:27.18
2J	1248 Chelsea Gillies	West Hill	2:31.61

**Event 72 Men 800 Meter Senior****Saturday 29/05/2010 - 3:00 PM****West Region: 1:48.69 2001 Nathan BRANNEN / Preston**

Lane	Name	School	Seed Time
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**Section 1 of 1 Finals**

A	662 Adam Sawatzky	Northern C I V	1:55.85
1A	645 Brandon Huzevka	Northern C I V	1:55.53
1B	17 Dominic Pizzolitto	Assumption C	1:56.83
1C	129 Paul LaMarra	Catholic Central	1:57.12
1D	790 Connor Outhit	Rockway Menn	1:57.46
1E	187 Stephan McNamara	Chatham Chri	1:58.05
2A	149 Drew Anderson	Centennial C	1:59.46
2B	850 Evan Porter	Saugeen D S S	1:59.48
2C	946 Matt Boven	St. Anne's	2:00.03
2D	1012 Eric Barry	St. Joseph's	2:00.38
2E	183 Austin Trapp	Centre Welli	2:01.03
2F	77 Alexander Ullman	Bluevale	2:01.38
2G	1115 Paul Janikowski	Villanova	2:02.25
2H	695 Ubong Umoh	Oakridge SS	2:02.90
2I	130 Danny McKee	Catholic Central	2:03.18
2J	979 Mike Nelson	St Christoph	2:03.44

**Event 73 Women 1500 Meter Senior****Friday 28/05/2010 - 6:55 PM****West Region: 4:26.66 2008 Jessica PARRY**

Lane	Name	School	Seed Time
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**Section 1 of 1 Finals**

1	1095 Juane Odendaal	St. Thomas Aq	4:56.89
2	200 Christi Steele	Chatham-Kent	5:12.77
3	1187 Melissa Moore	Massey, Vinc	4:55.64
4	132 Laura Morrison	Catholic Central	4:51.76
5	640 Katie Fleischer	Northern C I V	4:41.42
6	1040 Kristen Flanagan	St. Mary's High	4:56.79
7	853 Kirsten Allen	Saunders SS	4:53.76
8	1248 Chelsea Gillies	West Hill	5:06.23
9	1175 Francis Bernard	Massey, Vinc	4:54.66
10	329 Meaghan Marton	Amherst, Gen	4:53.34
11	13 Gabrielle Malette	Assumption C	5:01.76
12	1067 Sarah Wilson	St. Michael	4:57.42
13	544 Samantha Robbins	London Central	4:52.61
14	910 Bronwyn Stevens	Sir John A Macd	5:13.51
15	718 Caleigh Smith	Lourdes	4:53.64
16			
17			
18			

**OFSAA - 2010 West Regionals - 28/05/2010 to 29/05/2010****Track and Field****University of Windsor Stadium****Meet Program****Event 74 Men 1500 Meter Senior****Friday 28/05/2010 - 6:55 PM****West Region: 3:45.06 1993****Kevin SULLIVAN /**

Lane	Name	School	Seed Time
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**Section 1 of 1 Finals**

1	790 Connor Outhit	Rockway Menn	4:08.17
2	1012 Eric Barry	St. Joseph's	4:09.56
3	99 Jon Martin	Cameron Heig	4:13.69
4	149 Drew Anderson	Centennial C	4:14.15
5	969 Matt Hall	St Christoph	4:12.54
6	187 Stephan McNamara	Chatham Chri	4:10.28
7	611 Aaron Hendrixx	North Middlesex	4:01.93
8	436 Jason Thornton	Jacob Hesple	4:22.87
9	1115 Paul Janikowski	Villanova	4:11.31
10	1108 Matthew Travaglini	St. Thomas Aq	4:12.44
11	1186 David Meloche	Massey, Vinc	4:03.76
12	129 Paul LaMarra	Catholic Central	4:09.94
13	662 Adam Sawatzky	Northern C I V	4:09.66
14	1164 Taylor McArthur	Ur The Pines	4:07.04
15	183 Austin Trapp	Centre Welli	4:14.45
16	1130 Mackay Wilson	Stratford Centr	4:03.02
17			
18			

**Event 75 Women 3000 Meter Senior****Saturday 29/05/2010 - 10:00 AM****West Region: 9:39.9h 1992****Kathy BUTLER / Waterloo CI**

Lane	Name	School	Seed Time
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**Section 1 of 1 Finals**

1A	1174 Zeinab Baydoun	Massey, Vinc	10:44.80
1B	853 Kirsten Allen	Saunders SS	11:05.02
1C	346 Laura Walker	Goderich Dei	11:12.08
1D	179 Genevieve Beals	Centre Welli	11:31.25
2A	640 Katie Fleischer	Northern C I V	10:38.95
2B	1040 Kristen Flanagan	St. Mary's High	10:57.74
2C	1020 Jennifer Roberts	St. Joseph's	11:09.52
2D	329 Meaghan Marton	Amherst, Gen	11:12.58
3A	718 Caleigh Smith	Lourdes	10:44.02
3B	1175 Francis Bernard	Massey, Vinc	10:58.19
3C	371 Katie Komarnicky	Beal, H.B. S	11:11.66
3D	1255 Heather Dimond	Westside Sec	11:15.35
4A	1187 Melissa Moore	Massey, Vinc	10:47.62
4B	440 Sara Bowman	John F. Ross	11:06.75
4C	431 Emily Kruger	Ingersoll DC	11:12.20
4D	14 Charlotte Marcotte	Assumption C	11:33.58
2E			
3E			
1E			
4E			
2F			
3F			
1F			
4F			

**Event 76 Men 3000 Meter Senior****Saturday 29/05/2010 - 10:00 AM****West Region: 8:21.8h 1995****Matt KERR / Fergus - Centre**

Lane	Name	School	Seed Time
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**Section 1 of 1 Finals**

1A	1186 David Meloche	Massey, Vinc	8:51.04
1B	1164 Taylor McArthur	Ur The Pines	9:02.89
1C	1108 Matthew Travaglini	St. Thomas Aq	9:11.69
1D	99 Jon Martin	Cameron Heig	9:21.56
2A	1191 Daryl Smith	Massey, Vinc	8:35.54
2B	1130 Mackay Wilson	Stratford Centr	8:53.73
2C	437 Abdu Zaghlo	Jacob Hesple	9:07.08
2D	436 Jason Thornton	Jacob Hesple	9:17.46
3A	1183 Andrew Kowalsky	Massey, Vinc	8:48.25
3B	839 Jordan Collison	Saugeen D S S	8:57.55
3C	969 Matt Hall	St Christoph	9:08.08
3D	514 Clint Smith	Lambton Cent	9:17.89
4A	611 Aaron Hendrixx	North Middlesex	8:52.73
4B	947 Pat Hartman	St. Anne's	9:03.26
4C	428 Scott deBoer	Ingersoll DC	9:13.73
4D	468 Graham Blackport	Kitchener Wa	9:28.04
2E			
3E			
1E			
4E			
2F			
3F			
1F			
4F			

**Event 77 Women 100 Meter Hurdles Senior****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 28/05/2010 - 4:10 PM****West Region: 13.15 2000****Jessica ZELINKA /**

Lane	Name	School	Seed Time
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**Heat 1 of 2 Prelims**

1	32 Kelly Burton	Belle River	17.53
2	553 Jasmine Kerr	London South	15.57
3	590 Charlotte Crombeen	Mother Teresa	14.93
4	741 Rita Rudell	Penninsula Shor	14.35
5	202 Elizabeth	Chatham-Kent	16.22
6	827 Lisa Van Espen	Sandwich	16.05
7	224 Madeline Charnuski	Elmira Dhs	14.94
8	217 Brianna Wilson	East Elgin SS	15.54

**Heat 2 of 2 Prelims**

1	165 Rachel Muma	Central Elgin	16.02
2	881 Caitlyn Evered	Banting, Sir	14.39
3	997 Riley Williams	St. Clair S S	16.71
4	982 Meghan Reddy	St Christoph	16.56
5	157 Eszter Nagy	Centennial C	15.36
6	845 Caitlyn MacMillan	Saugeen D S S	14.64
7	642 Sarah Harding	Northern C I V	15.79
8	998 Anna Antczak	St David	15.28

**OFSAA - 2010 West Regionals - 28/05/2010 to 29/05/2010****Track and Field****University of Windsor Stadium****Meet Program****Event 78 Men 110 Meter Hurdles Senior****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Friday 28/05/2010 - 4:10 PM****West Region: 13.82 2000 Adam KUNKEL /Walkerton**

Lane Name	School	Seed Time
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**Heat 1 of 2 Prelims**

1	805 Gideon Hesman	Sandwich	15.74
2	823 Jake Pfaff	Sandwich	15.38
3	765 Marvin Muschette	Resurrection	15.17
4	1239 Trevor Zister	Waterloo-Oxf	15.08
5	672 Ben Withers	Northern C I V	15.80
6	66 Charl Fourie	Bluevale	15.44
7	694 Gabe Tesfaye	Oakridge SS	14.31
8	1033 Calvin Arsenault	St. Mary's High	14.42

**Heat 2 of 2 Prelims**

1	509 Michael Paisley	Lambton Cent	15.62
2	595 Greg MacNeill	Mother Teresa	13.21
3	953 Grant Sparling	St. Anne's	14.98
4	234 Jesse Goldglas	Erin Dhs-Eri	15.31
5	810 Kyle Landry	Sandwich	15.48
6	271 Ben Dailleboust	Madill, F.E.	15.92
7	5 Mike Snowdon	Ste. Cecile	15.35
8	875 Mark Stantsos	Saunders SS	14.85

**Event 79 Women 400 Meter Hurdles Senior****Saturday 29/05/2010 - 1:30 PM****West Region: 58.03 1995 Nadia SCHMEIDT /**

Lane Name	School	Seed Time
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**Section 1 of 2 Finals**

1	127 Nicole Kelly	Catholic Central	1:13.68
2	746 Alysha Matthews	Regina Mundi	1:13.36
3	202 Elizabeth	Chatham-Kent	1:08.57
4	293 Julie-Anne Staehli	Madill, F.E.	1:09.75
5	325 Liz Phillips	Galt Cvi-Cam	1:08.67
6	1046 Naomi Lance	St. Mary's High	1:09.06
7	966 Amy Evers	St Christoph	1:12.24
8	733 Kendra Taylor	Parkside CI	1:12.24

**Section 2 of 2 Finals**

1	705 Jane Brownlee	Lourdes	1:06.30
2	1205 Genny Cyrenne	Herman, W.F.	1:05.47
3	845 Caitlyn MacMillan	Saugeen D S S	1:04.31
4	239 Kelsey Balkwill	Essex D H S-Es	1:03.13
5	993 Brittany Lewis	St. Clair S S	1:04.72
6	224 Madeline Charnuski	Elmira Dhs	1:04.39
7	593 Amy Grzywnowicz	Mother Teresa	1:05.92
8	827 Lisa Van Espen	Sandwich	1:07.26

**Event 80 Men 400 Meter Hurdles Senior****Saturday 29/05/2010 - 1:30 PM****West Region: 52.37 1997 Jeff ELLIS / Orangeville**

Lane Name	School	Seed Time
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**Section 1 of 2 Finals**

1	810 Kyle Landry	Sandwich	1:00.32
2	1031 Jamell Van Dusen	St. Joseph's W	1:00.31
3	864 Tayler Harris	Saunders SS	58.77
4	168 Colin Bokhout	Central Huron	59.95
5	514 Clint Smith	Lambton Cent	1:00.08
6	271 Ben Dailleboust	Madill, F.E.	59.62
7	805 Gideon Hesman	Sandwich	1:02.05
8	521 Scott Mastronardi	Leamington D	1:01.37

**Section 2 of 2 Finals**

1	73 Ben Miethig	Bluevale	58.41
2	446 Charlie Sutton	John F. Ross	57.78
3	953 Grant Sparling	St. Anne's	56.44
4	1033 Calvin Arsenault	St. Mary's High	57.35
5	645 Brandon Huzevka	Northern C I V	57.46
6	695 Ubong Umoh	Oakridge SS	56.01
7	360 Andy Fawcett	Grey Highlands	58.39
8	75 Wesley Palmer	Bluevale	57.95

**Event 81 Women High Jump Senior****Friday 28/05/2010 - 4:00 PM****Starting height 1.43 m****West Region: 1.78m 1986 Catherine BOND / Woodstock**

Pos	Name	School	Seed Mark
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**Flight 1 of 1 Finals**

1	518 Rebecca	Lambton Cent	1.48m
2	1265 Kaitlin Wilhelm	Woodstock	1.62m
3	1009 Tessa Rowe	St. John's Colle	1.50m
4	798 Blair Corey	Sandwich	1.45m
5	553 Jasmine Kerr	London South	1.53m
6	782 Tichina Jones	Riverside S S	1.54m
7	221 Alex Kocher	Eastwood	1.55m
8	103 Michelle Miller	Cameron Heig	1.50m
9	452 Melissa Smyth	McGregor, Jo	1.51m
10	357 Flo Peters	Grand River	1.65m
11	997 Riley Williams	St. Clair S S	1.48m
12	377 Kristin Bujnowski	Holy Cross	1.59m
13	741 Rita Rudell	Penninsula Shor	1.70m
14	598 Sarah McDonald	Mother Teresa	1.53m
15	217 Brianna Wilson	East Elgin SS	1.56m
16	489 Vanessa Dam	Lambton Cent	1.57m
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23			
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**OFSSA - 2010 West Regionals - 28/05/2010 to 29/05/2010****Track and Field****University of Windsor Stadium****Meet Program****Event 82 Men High Jump Senior****Friday 28/05/2010 - 5:30 PM**

Starting height 1.73 m

West Region: 2.18m 1993 Mike CAZA / Chatham -

Pos	Name	School	Seed Mark
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**Flight 1 of 1 Finals**

1	222 Emeka Agada	Elmira Dhs	1.85m
2	875 Mark Stantsos	Saunders SS	1.85m
3	204 Jeremy Armour	College Avenue	1.85m
4	1264 Branden Wilhelm	Woodstock	2.12m
5	1160 Erik VanDyk	Strathroy DC	1.85m
6	828 Kevin Xu	Sandwich	1.80m
7	995 CJ Smith-White	St. Clair S S	1.75m
8	672 Ben Withers	Northern C I V	1.86m
9	449 Trent Payne	Forster, Joh	1.75m
10	462 Tim Dyck	Kingsville D	1.75m
11	1168 Jay Knelsen	Valley Heigh	1.90m
12	1232 Mustafa Bastinduka	Waterloo	1.80m
13	1258 Mackenzie Streutker	Woodland Chr	1.80m
14	1225 Mat West	Walkerton	1.90m
15	607 Mike Lucier	North Lambto	1.83m
16	1015 Jordan Harvey	St. Joseph's	1.90m

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23  
24**Event 83 Women Pole Vault Senior****Saturday 29/05/2010 - 2:45 PM**

Starting height 1.90 m

West Region: 3.55m 02/06/2007 Jen House

Pos	Name	School	Seed Mark
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**Flight 1 of 1 Finals**

1	10 Kayla Bondy	Assumption C	2.10m
2	92 Elisa Dorman	Cameron Heig	2.20m
3	940 Jen Romaniuk	St. Anne SS -	2.20m
4	873 Jessica McClure	Saunders SS	2.20m
5	1137 Amanda Kelly	Stratford NW SS	2.20m
6	1178 Meaghan Felet	Massey, Vinc	2.80m
7	879 Nicole Rollins	Simcoe Cs-Si	2.30m
8	201 Blaire Stewart	Chatham-Kent	2.50m
9	172 Alanna Roy	Central Huron	2.00m
10	1080 Michelle Corbiere	St. Thomas Aq	2.40m
11	930 Alex Dominato	St. Anne SS -	2.00m
12	817 Jillian McFadden	Sandwich	2.00m
13	473 Christine Walsh	Kitchener Wa	2.30m
14	98 Olga Lioudvinevitch	Cameron Heig	2.10m
15	469 Marielle Harper	Kitchener Wa	3.07m
16	205 Karleigh Parker	College Avenue	3.45m

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**OFSSA - 2010 West Regionals - 28/05/2010 to 29/05/2010****Track and Field****University of Windsor Stadium****Meet Program****Event 84 Men Pole Vault Senior****Saturday 29/05/2010 - 12:15 PM**

Starting height 2.85 m

West Region: 5.10m 1985

Doug WOOD / Wingham-Madill

Pos	Name	School	Seed Mark
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**Flight 1 of 1 Finals**

1	897 Alex Hoediono	Sir John A Macc	4.40m
2	522 Wheaton Mouck	Leamington D	3.20m
3	343 Tyler Durst	Goderich Dci	3.40m
4	876 Chris Waugh	Saunders SS	3.10m
5	866 Cameron Hooker	Saunders SS	3.55m
6	194 Dane Harwood	Chatham-Kent	3.60m
7	811 Michael Lecours	Sandwich	3.20m
8	929 Austin Crough	St. Anne SS -	3.30m
9	679 Harrison Connell	Oakridge SS	3.40m
10	909 James Steubing	Sir John A Macc	3.60m
11	525 Clayton Schroeder	Leamington D	3.50m
12	698 Morley Willoughby	Oakridge SS	3.55m
13	1058 Paul Worndl	St. Mary's High	4.30m
14	823 Jake Pfaff	Sandwich	4.51m
15	758 Andrew Keller	Resurrection	2.90m
16	903 Ruben Larsson	Sir John A Macc	4.00m

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**Event 85 Women Long Jump Senior****Saturday 29/05/2010 - 1:15 PM**

West Region: 5.92m 1996

Laura WESSELING / Delhi

Pos	Name	School	Seed Mark
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**Flight 1 of 1 Finals**

1	738 Alexandria Pulham	Pauline John	4.87m
2	1014 Caitlyn Campbell	St. Joseph's	4.96m
3	1124 Kandice Pretty	Villanova	4.86m
4	997 Riley Williams	St. Clair S S	4.85m
5	153 Katie Flemington	Centennial C	5.06m
6	566 Nathana Griffiths	Maranatha	5.09m
7	377 Kristin Bujnowski	Holy Cross	4.94m
8	188 Christy Sikkema	Chatham Chri	5.12m
9	590 Charlotte Crombeen	Mother Teresa	5.37m
10	740 Logan White	Pauline John	4.88m
11	47 Karlee Parent	Belle River	5.12m
12	709 Kim Cupid	Lourdes	5.10m
13	1013 Kelly Bedek	St. Joseph's	4.81m
14	256 Phyllicia Pile	Essex D H S-Es	4.91m
15	1145 Brooke Earley	Strathroy DC	4.65m

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**OFSAA - 2010 West Regionals - 28/05/2010 to 29/05/2010****Track and Field****University of Windsor Stadium****Meet Program****Event 86 Men Long Jump Senior****Saturday 29/05/2010 - 2:45 PM****West Region: 7.48m 2008****Damian WARNER**

Pos	Name	School	Seed	Mark
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**Flight 1 of 1 Finals**

1	672 Ben Withers	Northern C I V		6.03m
2	228 Cory Giroux	Elmira Dhs		6.36m
3	1132 Jamie Diehl	Stratford NW SS		5.95m
4	976 Greg Lue	St Christoph		6.30m
5	748 Taylor Stewart	Regina Mundi		7.04m
6	1250 Adam Stuck	West Hill		6.08m
7	449 Trent Payne	Forster, Joh		6.11m
8	978 Eric McDonald	St Christoph		6.31m
9	1057 Brandon Williams	St. Mary's High		6.04m
10	701 Pieter VanDipten	Orangeville		6.04m
11	232 Scott Shea	Elmira Dhs		6.16m
12	383 Mike Slegers	Holy Cross		6.03m
13	574 Brandon Potter	Medway HS		6.41m
14	1194 Richard Veenstra	Massey, Vinc		6.26m
15	1264 Branden Wilhelm	Woodstock		6.99m
16	189 Tom Bednarik	Chatham-Kent		6.58m
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**Event 87 Women Triple Jump Senior****Saturday 29/05/2010 - 10:00 AM****West Region: 12.11m 1996****Monique HAAN / London**

Pos	Name	School	Seed	Mark
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**Flight 1 of 1 Finals**

1	1228 Paula Gray	Wallaceburg		10.14m
2	153 Katie Flemington	Centennial C		11.43m
3	244 Laura Chittle	Essex D H S-Es		10.53m
4	998 Anna Antczak	St David		11.15m
5	738 Alexandria Pulham	Pauline John		11.25m
6	1076 Mary Stoesser	St. Patrick'		10.02m
7	1013 Kelly Bedek	St. Joseph's		10.82m
8	256 Phyllicia Pile	Essex D H S-Es		10.20m
9	844 Emily MacLeod	Saugeen D S S		10.81m
10	188 Christy Sikkema	Chatham Chri		10.85m
11	554 Krista Sipprell	London South		10.31m
12	1014 Caitlyn Campbell	St. Joseph's		10.68m
13	502 Michelle Macrae	Lambton Cent		9.93m
14	471 Ally Krug	Kitchener Wa		11.06m
15	289 Kayla Smith	Madill, F.E.		10.10m
16	536 Melissa Guiler	London Central		10.34m
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**OFSSA - 2010 West Regionals - 28/05/2010 to 29/05/2010****Track and Field****University of Windsor Stadium****Meet Program****Event 88 Men Triple Jump Senior****Saturday 29/05/2010 - 11:30 AM****West Region: 15.73m 2002****Kenen SHADD/Kitchener**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	1194 Richard Veenstra	Massey, Vinc	13.19m
2	1199 Jordan Blackmore	Herman, W.F.	13.16m
3	765 Marvin Muschette	Resurrection	13.98m
4	287 Cole Pellett	Madill, F.E.	13.76m
5	204 Jeremy Armour	College Avenue	12.70m
6	162 Andrew Jenkins	Central Elgin	12.72m
7	574 Brandon Potter	Medway HS	13.44m
8	1237 Mitchell Roth	Waterloo	12.63m
9	1171 Justin Wood	Valley Heigh	12.61m
10	1250 Adam Stuck	West Hill	12.73m
11	701 Pieter VanDipten	Orangeville	13.08m
12	673 Tyler Withers	Northern C I V	12.55m
13	265 Michael Ballagh	Madill, F.E.	12.77m
14	189 Tom Bednarik	Chatham-Kent	14.08m
15	929 Austin Crough	St. Anne SS -	12.39m
16	1207 Jordon Gauthier	Herman, W.F.	12.97m
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**Event 89 Women Shot Put Senior****Saturday 29/05/2010 - 2:45 PM****West Region: 14.25m 1996****Liz TOMAN / Elmira**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	727 Jill Knight	Parkside CI	10.61m
2	1158 Sarah	Strathroy DC	11.74m
3	78 Jill Van Damme	Bluevale	11.18m
4	740 Logan White	Pauline John	9.49m
5	167 Jenn Wakefield	Central Elgin	9.98m
6	779 Kayla Dodson	Riverside S S	10.29m
7	87 Karlee Kelly	Bpds	9.82m
8	836 Jillian Rogers	Sarnia C I T S	10.29m
9	552 Allyson Steutker	London Christia	9.77m
10	807 Jessica Hitchcock	Sandwich	10.95m
11	961 Sia Athanasopoulos	St Christoph	10.57m
12	278 Erin Gilchrist	Madill, F.E.	9.54m
13	1025 Jacinta Cowan	St. Joseph's W	11.19m
14	616 Jenny Howell	North Park C	9.59m
15	219 Sara Hudyn	Eastwood	9.29m
16	1074 Ciji Service	St. Patrick'	10.73m
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**OFSAA - 2010 West Regionals - 28/05/2010 to 29/05/2010****Track and Field****University of Windsor Stadium****Meet Program****Event 90 Men Shot Put Senior****Saturday 29/05/2010 - 1:15 PM****West Region: 20.78m 1995 Brad SNYDER / Windsor - St.**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	291 Tyler Smith	Madill, F.E.	13.48m
2	1263 Scott Rumble	Woodstock	12.89m
3	833 Jackson Gray	Sarnia C I T S	15.47m
4	390 Josh DaSilva	Holy Names H	14.28m
5	1209 Darnell Girard	Herman, W.F.	16.55m
6	338 Drew Campbell	Glenview Par	13.95m
7	438 Alexander Welch	John Diefenbake	14.85m
8	214 Michael Dyck	East Elgin SS	12.77m
9	344 Coy Kulich	Goderich Dei	14.38m
10	835 Jeff Paulley	Sarnia C I T S	14.31m
11	837 Kevin Bowman	Saugeen D S S	14.85m
12	849 Seb Pilon	Saugeen D S S	13.03m
13	1085 Aaron Dinich	St. Thomas Aq	14.11m
14	1207 Jordon Gauthier	Herman, W.F.	15.44m
15	1197 Jordan Young	Massey, Vinc	16.61m
16	21 Nick Brimmer	Assumption	13.28m
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**Event 91 Women Discus Throw Senior****Saturday 29/05/2010 - 11:30 AM****West Region: 48.20m 1982 Liz POLYAK / Brantford-North**

Pos	Name	School	Seed Mark
<b>Flight 1 of 1 Finals</b>			
1	78 Jill Van Damme	Bluevale	36.12m
2	501 Carissa Luker	Lambton Cent	34.90m
3	227 Lydia Frey	Elmira Dhs	27.11m
4	784 Milica Kulidzan	Riverside S S	37.47m
5	274 Heather de Boer	Madill, F.E.	31.62m
6	219 Sara Hudyn	Eastwood	29.89m
7	890 Emily Weston	Banting, Sir	31.16m
8	275 Jodie Eadie	Madill, F.E.	36.46m
9	1025 Jacinta Cowan	St. Joseph's W	33.06m
10	807 Jessica Hitchcock	Sandwich	32.53m
11	1158 Sarah	Strathroy DC	34.76m
12	87 Karlee Kelly	Bpds	28.43m
13	387 Brianna Balzer	Holy Names H	32.23m
14	182 Acadia Northfield	Centre Welli	29.06m
15	376 Alexis Beddard	Holy Cross	33.09m
16	490 Karly Dobbin	Lambton Cent	33.01m
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**OFSAA - 2010 West Regionals - 28/05/2010 to 29/05/2010****Track and Field****University of Windsor Stadium****Meet Program****Event 92 Men Discus Throw Senior****Saturday 29/05/2010 - 10:00 AM****West Region: 64.94m 1995 Jason TUNKS / London-Banting**

Pos	Name	School	Seed	Mark
<b>Flight 1 of 1 Finals</b>				
1	833 Jackson Gray	Sarnia C I T S		49.86m
2	1197 Jordan Young	Massey, Vinc		55.43m
3	665 Justin Stymest	Northern C I V		40.19m
4	837 Kevin Bowman	Saugeen D S S		41.42m
5	1147 Derek Freer	Strathroy DC		32.76m
6	710 Tyrone Enerio	Lourdes		38.58m
7	148 Tracey	Catholic Cen		39.02m
8	704 Rob Bartoszewicz	Lourdes		38.62m
9	848 Alex Pilar	Saugeen D S S		48.43m
10	344 Coy Kulich	Goderich Dci		38.33m
11	1263 Scott Rumble	Woodstock		38.39m
12	214 Michael Dyck	East Elgin SS		38.75m
13	863 Jeff Grass	Saunders SS		34.11m
14	849 Seb Pilon	Saugeen D S S		42.65m
15	1207 Jordon Gauthier	Herman, W.F.		47.93m
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**Event 93 Women Javelin Throw Senior****Friday 28/05/2010 - 5:30 PM****West Region: 47.56m 1997 Andrea BULAT /**

Pos	Name	School	Seed	Mark
<b>Flight 1 of 1 Finals</b>				
1	807 Jessica Hitchcock	Sandwich		37.94m
2	843 Hillary Lubimiv	Saugeen D S S		34.80m
3	916 Samira Sommer	Laurier, Sir		32.00m
4	831 Brianne Belanger	Sarnia C I T S		32.73m
5	304 Hannah Robson	Brennan, F.J		37.06m
6	784 Milica Kulidzan	Riverside S S		38.94m
7	167 Jenn Wakefield	Central Elgin		36.28m
8	205 Karleigh Parker	College Avenue		37.64m
9	740 Logan White	Pauline John		36.00m
10	285 Gina Murray	Madill, F.E.		39.12m
11	702 Jenn Ward	Orangeville		31.79m
12	227 Lydia Frey	Elmira Dhs		34.69m
13	78 Jill Van Damme	Bluevale		32.46m
14	1111 Lerren Ducharme	Villanova		32.42m
15	972 Kelsey Henry	St Christoph		34.59m
16	600 Hien Ngo	Mother Teresa		33.96m
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**OFSAA - 2010 West Regionals - 28/05/2010 to 29/05/2010****Track and Field****University of Windsor Stadium****Meet Program****Event 94 Men Javelin Throw Senior****Friday 28/05/2010 - 4:00 PM****West Region: 70.20m 2001****Trevor SNYDER /**

Pos	Name	School	Seed	Mark
<b>Flight 1 of 1 Finals</b>				
1	686 Brandon Jordan	Oakridge SS		49.37m
2	303 Jason Mota	Brennan, F.J		47.82m
3	344 Coy Kulich	Goderich Dci		51.83m
4	804 Christian Hackney	Sandwich		49.15m
5	1263 Scott Rumble	Woodstock		52.58m
6	1225 Mat West	Walkerton		44.77m
7	75 Wesley Palmer	Bluevale		45.80m
8	1134 Nick Graver	Stratford NW SS		49.51m
9	673 Tyler Withers	Northern C I V		53.57m
10	704 Rob Bartoszewicz	Lourdes		47.91m
11	573 Tyler Patterson	Medway HS		49.42m
12	720 Bryan Mitchell	Paris D H S-Pa		52.66m
13	302 Evan Mascaro	Brennan, F.J		52.57m
14	509 Michael Paisley	Lambton Cent		48.37m
15	715 Matthew Kok	Lourdes		44.98m
16	41 Brad Kreitzer	Belle River		50.20m
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**Event 95 Women 4x100 Meter Relay Senior****Friday 28/05/2010 - 7:20 PM****West Region: 48.73 2000****LONDON-BANTING**

Lane	Team	Relay	Seed	Time
<b>Section 1 of 2 Finals</b>				
1	Parkside CI	A		52.24
2	Belle River	A		52.46
3	Medway HS	A		51.71
4	Sandwich	A		51.93
5	Bluevale	A		51.74
6	Madill, F.E.	A		51.86
7	Maranatha	A		52.39
8	Catholic Central	A		52.18
<b>Section 2 of 2 Finals</b>				
1	Cameron Heig	A		51.63
2	St. Clair S S	A		51.70
3	Centennial C	A		51.32
4	John F. Ross	A		50.46
5	Lourdes	A		51.07
6	Mother Teresa	A		50.29
7	North Lambto	A		51.41
8	Essex D H S-Es	A		51.47

**Event 96 Men 4x100 Meter Relay Senior****Friday 28/05/2010 - 7:20 PM****West Region: 42.1h 1992****WATERLOO-BLUEVALE**

Lane	Team	Relay	Seed	Time
<b>Section 1 of 2 Finals</b>				
1	Galt Cvi-Cam	A		46.26
2	Valley Heigh	A		46.60
3	Grey Highlands	A		45.70
4	Strathroy DC	A		45.62
5	Lambton Cent	A		45.74
6	Chatham-Kent	A		45.62
7	Catholic Central	A		45.94
8	St. Thomas Aq	A		45.81
<b>Section 2 of 2 Finals</b>				
1	Holy Cross	A		45.23
2	St Christoph	A		44.79
3	Madill, F.E.	A		44.13
4	Northern C I V	A		43.65
5	Huron Heights Se	A		43.93
6	Sandwich	A		44.17
7	Assumption	A		45.38
8	Herman, W.F.	A		44.53

**Event 97 Women 1500 Meter Steeplechase Open****Friday 28/05/2010 - 3:45 PM****West Region: 5:02.59 2009****Haley CADWALLER**

Lane	Name	School	Seed	Time
<b>Section 1 of 1 Finals</b>				
1A	787 Kodi Morgan	Riverside S S		5:20.12
1B	578 Olivia Grafinger	Mgsr. E.A. Doyl		5:32.10
1C	440 Sara Bowman	John F. Ross		5:37.30
1D	323 Stephanie Mason	Galt Cvi-Cam		5:42.58
2A	1174 Zeinab Baydoun	Massey, Vinc		5:15.63
2B	111 Simonne Tomasovic	Cameron Heig		5:26.14
2C	683 Michelle Gleason	Oakridge SS		5:35.35
2D	1221 Kayla Raniwsky	Herman, W.F.		5:38.92
3A	327 Samantha Kellam	Amherst, Gen		5:19.98
3B	575 Katie Schurr	Medway HS		5:28.68
3C	654 Paige Odegard	Northern C I V		5:35.79
3D	1020 Jennifer Roberts	St. Joseph's		5:40.37
4A	370 Lindsay Thompson	Guelph Cvi-G		5:21.00
4B	346 Laura Walker	Goderich Dci		5:35.27
4C	296 Emily Yungblut	Madill, F.E.		5:37.91
4D	243 Candice Chevalier	Essex D H S-Es		5:47.56
2E				
3E				

**OFSAA - 2010 West Regionals - 28/05/2010 to 29/05/2010****Track and Field****University of Windsor Stadium****Meet Program****Event 98 Men 2000 Meter Steeplechase Open****Friday 28/05/2010 - 3:45 PM****West Region: 5:56.7h 1984****Nick CIPP/Waterloo-Bluevale**

Lane	Name	School	Seed Time
<b>Section 1 of 1 Finals</b>			
1A	1188 Daniel Piticariu	Massey, Vinc	6:03.45
1B	1184 Matt Krey	Massey, Vinc	6:28.01
1C	1150 Jeremy Hick	Strathroy DC	6:32.95
1D	1092 Nathaniel Lamb	St. Thomas Aq	6:44.72
2A	839 Jordan Collison	Saugeen D S S	5:57.88
2B	947 Pat Hartman	St. Anne's	6:12.60
2C	436 Jason Thornton	Jacob Hesple	6:30.02
2D	176 Ben Murphy	Centre Dufferin	6:43.26
3A	1191 Daryl Smith	Massey, Vinc	6:01.54
3B	410 Patrick Fortune	Kennedy, Hon	6:13.78
3C	2 Jacob Marsh	Lucas, A.B.	6:32.71
3D	1106 Alastair Thompson	St. Thomas Aq	6:43.65
4A	514 Clint Smith	Lambton Cent	6:10.42
4B	633 Zac Brown	Northern C I V	6:28.04
4C	77 Alexander Ullman	Bluevale	6:39.35
4D	1003 Dan Caudle	St. James HS	6:54.08
2E			
3E			

**Event 99 Women 4x400 Meter Relay Open****Saturday 29/05/2010 - 4:45 PM****West Region: 3:54.13 2008****RESURRECTION**

Lane	Team	Relay	Seed Time
<b>Section 1 of 2 Finals</b>			
1	Saunders SS	A	4:15.60
2	Riverside S S	A	4:17.51
3	St Christoph	A	4:12.18
4	Cameron Heig	A	4:14.55
5	Medway HS	A	4:12.13
6	Guelph Cvi-G	A	4:14.35
7	Sandwich	A	4:17.15
8	Lambton Cent	A	4:16.11
<b>Section 2 of 2 Finals</b>			
1	Centennial C	A	4:10.99
2	Northern C I V	A	4:10.40
3	Mother Teresa	A	4:04.21
4	St. Mary's High	A	4:05.38
5	Catholic Central	A	4:03.13
6	Lourdes	A	4:02.63
7	Essex D H S-Es	A	4:08.21
8	St. Thomas Aq	A	4:09.09

**Event 100 Men 4x400 Meter Relay Open****Saturday 29/05/2010 - 4:45 PM****West Region: 3:20.70 1996****GENERAL AMHERST**

Lane	Team	Relay	Seed Time
<b>Section 1 of 2 Finals</b>			
1	John F. Ross	A	3:40.24
2	St. Mary's High	A	3:39.99
3	Massey, Vinc	A	3:34.60
4	Forest Heigh	A	3:35.45
5	Lambton Cent	A	3:35.86
6	St. Joseph's	A	3:34.87
7	Saunders SS	A	3:38.26
8	Grey Highlands	A	3:36.14
<b>Section 2 of 2 Finals</b>			
1	Bluevale	A	3:34.02
2	St. Anne's	A	3:32.14
3	Northern C I V	A	3:23.87
4	Catholic Central	A	3:30.99
5	Herman, W.F.	A	3:20.19
6	Sandwich	A	3:26.41
7	St. Thomas Aq	A	3:31.00
8	St Christoph	A	3:32.26

**Event 101 Women 100 Meter Ambulatory****Saturday 29/05/2010 - 1:00 PM****West Region: 15.29 28/05/2006 Joanna Edwards**

Lane	Name	School	Seed Time
<b>Section 1 of 1 Finals</b>			
1			
2	8 Terri-Lynn Laker	MacKenzie, A	20.07
3	1069 Sylvia Crevier	St. Patrick'	16.55
4	15 Virginia McLachlan	Assumption C	16.70
5	791 Leah Robinson	Rockway Menn	15.43
6	528 Lena Worner	Listowel Dss	19.86
7	16 Katrina Passador	Assumption C	21.20
8			

**Event 102 Men 100 Meter Ambulatory****Saturday 29/05/2010 - 1:00 PM****West Region: 12.08 01/06/2006 Deric Kruse**

Lane	Name	School	Seed Time
<b>Section 1 of 2 Finals</b>			
1			
2			
3	7 Justin Koolen	MacKenzie, A	19.25
4	712 Travis Hill	Lourdes	17.25
5	185 Myles Koke	Chatham Chri	19.23
6			
7			
8			

**OFSAA - 2010 West Regionals - 28/05/2010 to 29/05/2010****Track and Field****University of Windsor Stadium****Meet Program****Section 2 of 2 Finals...(Event 102 Men 100 Meter**

1	112 Mark Beneteau	Cardinal Car	16.36
2	6 Mitch Blondin	MacKenzie, A	16.54
3	288 Jaime Pollard	Madill, F.E.	14.16
4	551 Cody Salomons	London Christia	14.30
5	345 Leshon Morris	Goderich Dei	13.80
6	9 Brandon Wong	MacKenzie, A	13.89
7	1135 Andrew Hoskin	Stratford NW SS	16.09
8	1070 Josh DaSilva	St. Patrick'	16.25

**Event 104 Men 1500 Meter Wheelchair****Saturday 29/05/2010 - 10:30 AM**

West Region: 4:37.13 2008 Ian Van Heteren

Lane	Name	School	Seed Time
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**Section 1 of 1 Finals**

1	1161 Ian VanHeteren	Strathroy DC	4:42.37
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